



EDUCATION — COUNSELOR EDUCATION

MASTER OF SCIENCE
PUPIL PERSONNEL SERVICES SCHOOL COUNSELING CREDENTIAL
PUPIL PERS. SERV. SCHOOL COUNSELING INTERNSHIP CREDENTIAL
MARRIAGE, FAMILY, & CHILD COUNSELING LICENSING PROGRAM

PROGRAM DESCRIPTION

The Master of Science Degree in Counseling prepares competent specialists in counseling for professional employment in a number of settings such as schools, private practice, and public and private agencies. The school counseling credential program specifically offers training for services within the K-12 educational system. The programs are clinically oriented with didactic courses having an experiential component followed by practice on and off the campus. An on-campus Community Counseling Center brings clients from off campus to be counseled by students in the program and provides opportunity for video and audio feedback. Classes are offered during the day and in the late afternoon and evening.

Many graduates find positions with colleges, school districts, state/local agencies, clinics, business organizations and private practice settings. The employment opportunities for Counselor Education majors should remain positive for the foreseeable future.

FACULTY

Theodore Taylor, *Department Chair*

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PROGRAMS OFFERED

The Department of Counselor Education in the School of Education offers the following programs:

Master of Science in Counseling:

Art Therapy
Career Counseling
Community Counseling
Marriage, Family, and Child Counseling
School Counseling

Services Credentials:

Pupil Personnel Services School Counseling
Pupil Personnel Services School Counseling Internship

For additional information on credentials, see the School of Education section of the Catalog.

REFERENCE

For more information and advising on any of the above programs, please contact:

Department of Counselor Education
School of Education
6000 J Street
Sacramento, CA, 95819-6079
(916) 278-5399 • FAX (916) 278-5904

To obtain a CSU application booklet, contact:
CSUS Admissions Office
6000 J Street
Sacramento, CA 95819-6048
(916) 278-6111

FEATURES

Following are the Master of Science programs that are offered in Counselor Education:

Art Therapy Program. The Master of Science in Art Therapy/Counseling program is under review. Students who are interested in pursuing graduate work in Art Therapy should obtain current information from the Counselor Education Department office.

Career Counseling Program. Career counseling students obtain knowledge, theory, and skills necessary to become professional career development specialists. Career counselors are employed by private and public agencies, schools, and business organizations, and many enter private practice.

Community Counseling Program. Within this basic Master of Science Degree program in Counseling, students are trained for a variety of counseling positions: mental health, drug, alcohol, military, pastoral, correctional and gerontological. The Master of Science degree in Community Counseling satisfies the requirement for employment as a community college counselor. Many four-year colleges and universities also will accept the Master of Science degree in Community Counseling as the requisite training requirement for employment with them.

Marriage, Family, and Child Counseling Program. Marriage, family, and child counselors work in a wide variety of settings, including schools, colleges, non-profit agencies, community clinics, county and state agencies, hospitals, private practice, and consulting to business and agencies. The program trains professional Master's Degree level practitioners, who focus on developmental and preventative concerns, especially those of children. Students in the Marriage, Family, and Child Counseling program complete the educational and a portion of the experience requirements for the California Marriage, Family, and Child Counseling License.

School Counseling Program. The School Counseling program is experiential in nature — many of the theory and practica courses are required to be taken concurrently. Experience is gained in counseling with other students in the program, with community clients who come to the Community Counseling Center, and with children and youth in local schools. At least one-half of the school counseling field study must be completed in an established training center with other students in the program.

Following are credential programs offered in Counselor Education:

Pupil Personnel Services School Counseling Credential Program. California schools, kindergarten through high school, require their school counselors to have the Pupil Personnel Services School Counseling Credential. The Master's degree is not required. The training required for that credential may be completed in this program which is accredited by the California Commission for Teacher Credentialing.

Pupil Personnel Services School Counseling Internship Credential Program. This program has been initiated to enable school districts and other educational agencies to place candidates in positions of responsibility requiring certification as a counselor prior to the completion of credential requirements. Students admitted to the program

may obtain the Pupil Personnel Services School Counseling Internship Credential for a maximum of **two** years. Following the completion of all requirements, interns are then eligible to apply for the Pupil Personnel Services School Counseling Credential. The credential authorizes “. . . services as a school counselor, K-12.”

MASTER OF SCIENCE IN COUNSELING

The following information applies to the Master of Science in Counseling with these specializations: Career Counseling; Community Counseling; Marriage, Family, and Child Counseling; and School Counseling programs.

Admission Requirements

Admission as a classified graduate student in all Counselor Education programs requires:

- a baccalaureate degree
- a grade point average of at least 2.5 (on a 4.0 scale) in the last 60 semester (or 90 quarter) units
- good academic standing at the last college attended
- completion of/or enrollment in the following courses:

PSYC 168	Abnormal Psychology (or equivalent)
EDC 170	Introduction to Counseling
EDC 171A	Multicultural/Ethnic Series: Asian-Americans
EDC 171B	Multicultural/Ethnic Series: Native-Americans
EDC 171C	Multicultural/Ethnic Series: Latinos
EDC 171D	Multicultural/Ethnic Series: African-Americans
- submission of all departmental application materials (in addition to the CSU application)

Writing Proficiency Examination (WPE) and California Basic Educational Skills Test (CBEST). Although evidence of passing the WPE is not required for admission into the Master's Degree programs, nor successful completion of CBEST for admission into the Pupil Personnel Services School Counseling Credential program, the WPE and/or CBEST must be successfully completed prior to advancement to candidacy for the Master's Degree and the CBEST must be successfully passed prior to completing the credential program.

(The Graduate Record Exam [GRE] or Miller Analogies Test are *not* required; however, these test scores may be included with the application for admission.)

Admission Procedure

Screening is conducted Spring semester for the following academic year. Departmental applications are due **March 1** in order to be considered for admission the following Fall. Prospective graduate students, including CSUS graduates, must submit:

- to the Graduate Center** (River Front Center, Room 203):
- a CSU application for admission (CSU graduating seniors, and new or returning CSU graduates)
 - two sets of official transcripts from all colleges and universities attended, other than CSUS

to the department office (Education Bldg., Room 414):

- the departmental application for admission includes:
 - a personal statement (format provided)
 - at least three letters of reference (forms provided)
 - one complete set of transcripts (may be unofficial and/or grade reports) from each educational institution attended
 - proof of registration for or completion of preparatory coursework (see section on Admission Requirements)
- an Application for Classification (unclassified graduates seeking classification)

Note: Applicants who have completed the WPE (Master's candidates) or CBEST (credential candidates) should include proof of completion with their departmental application.

Admission is competitive with a limited number of students admitted each year. Within two weeks of the filing deadline candidates will be assigned an interview date. At the end of the application and screening period, a departmental recommendation will be submitted to the Graduate Center for further review (at two-three weeks). A decision regarding admission is then mailed to each applicant. Following admission, students are assigned to a faculty advisor who assists with academic advising.

Advancement to Candidacy

Each student working toward a Master's Degree must file an Application for Advancement to Candidacy for the Master's Degree. The purpose of this application is to provide certification to the Graduate Center that the student will complete or has completed the necessary requirements and acceptable electives for the Master's Degree with a minimum 3.0 grade point average. The Advancement to Candidacy application should be filed upon completion of 30 units in the program.

The Advancement to Candidacy form should be obtained from the Department of Counselor Education office in order to receive instructions for filling out the form in consultation with the student's program advisor. (The form is also available from the Graduate Center; however, it does not include the departmental instructions.) The completed form is submitted to the Department's Graduate Coordinator for signature, then forwarded to the Graduate Center for final approval.

Additional Information

These graduate degree programs are subject to general university and to departmental requirements. These requirements are explained in the "Graduate Studies" and the "Counselor Education Department" sections of the CSUS Catalog. Students may be disqualified when not meeting departmental standards (see Counselor Education Faculty/Student Advising Handbook).

Students are strongly advised to remain in communication with Counselor Education as well as any licensing or credentialing boards related to their area(s) of specialization (i.e., Board of Behavioral Science Examiners, California Commission for Teacher Credentialing) since licensing and credentialing requirements may change. Thus, the Counselor Education course listings are subject to modification. Students should contact Counselor Education for revisions in either courses or academic units. The revised Department listing is official.

Degree Requirements

The Master of Science in Counseling requires completion of 60 units of coursework with a minimum 3.0 GPA. *Academic Residence:* A minimum of 42 approved semester units in 100-, 200-, and 500-series offerings must be earned in residence at California State University, Sacramento.

Courses in parentheses are prerequisites.

A. Required Courses for All Specializations (19 units)

- (3) ED 250 Educational Research
- (3) EDC 210 Multicultural/Ethnic Counseling (EDC 171A, 171B, 171C, 171D)
- (3) EDC 214 Dynamics of Human Development
- (2) EDC 216 Counseling Theory (Corequisite: EDC 280)
- (3) EDC 218 Appraisal in Counseling
- (3) EDC 219 Group Processes in Counseling
- (2) EDC 280 Practicum in Communication (Corequisite: EDC 216)

B. Specialization Requirements (38-41 units)

Select one of the following areas of specialization:

1. Career Counseling

- (1) EDS 265 Current Issues in Counseling: Disabled
- (3) EDC 212 Gender Roles & Sexuality in Counseling
- (3) EDC 260 Career Development (EDC 218)
- (4) EDC 262 Career Counseling Process (EDC 260)
- (3) EDC 264 Seminar in Counseling: Career Systems Development (EDC 260)
- (3) EDC 266 Seminar in Counseling: Career Program Development (EDC 260)
- (3) EDC 475° Practicum in Counseling (EDC 210*, 212*, 216, 218, 260, 280)
- (9) EDC 480° Field Study in Counseling
- (9-12) Electives*

2. Community Counseling

- (1) EDS 265 Current Issues in Counseling: Disabled
- (3) EDC 212 Gender Roles & Sexuality in Counseling
- (2) EDC 282 Practicum in Group Counseling (EDC 219)
- (3) EDC 475° Practicum in Counseling (EDC 210*, 212*, 216, 218, 280)
- (8) EDC 480° Field Study in Counseling
- (21-24) Electives*

3. Marriage, Family and Child Counseling

- (1) EDS 265 Current Issues in Counseling: Disabled
- (3) EDC 212 Gender Roles & Sexuality in Counseling
- (3) EDC 230 Law & Ethics in Marriage & Family Counseling (EDC 216, 280)
- (3) EDC 231 Pathology & Diagnosis (EDC 214, 216, 280) **OR**
- PSYC 268# Advanced Psychopathology
- (2) EDC 233 Substance Abuse & the Family **OR**
- PSYC 250# Alcohol & Chemical Substance Dependency: Detection & Treatment
- (3) EDC 234 Seminar: Marriage & Family Counseling (EDC 214, 216, 280; Corequisite: EDC 476) **OR**
- PSYC 225# Theories & Techniques of Marriage, Family & Child Counseling
- (3) EDC 235 Advanced Seminar: Marriage & Family Counseling (EDC 234, 476; Corequisite: EDC 475)
- (3) EDC 260 Career Development (EDC 218)
- (3) EDC 272 Seminar: Counseling Children & Youth (EDC 216, 280)
- (2) EDC 282 Practicum in Group Counseling (EDC 219)

- (3) EDC 475° Practicum in Counseling (EDC 210, 212, 216, 218*, 219, 230*, 234, 280, 476; Corequisite: EDC 235)
- (1) EDC 476 Practicum in Marriage, Family & Child Counseling (EDC 216, 280; Corequisite: EDC 234)
- (8) EDC 480° Field Study in Counseling
- (0-3) Electives*

4. School Counseling

- (3) EDS 100 Education of Exceptional Children **OR**
- EDS 101 Education of Exceptional Youth
- (3) EDC 212 Gender Roles & Sexuality in Counseling
- (3) EDC 234 Seminar: Marriage & Family Counseling (EDC 214, 216, 280)
- (3) EDC 260 Career Development (EDC 218)
- (3) EDC 270 Organization & Administration of School Counseling Programs
- (3) EDC 272 Seminar: Counseling Children & Youth (EDC 216, 280; Corequisite: EDC 475)
- (3) EDC 274 Advanced Seminar: Counseling Children & Youth (EDC 216, 272, 280; Corequisite: EDC 480)
- (3) EDC 276 Consultation & Supervision in Counseling (EDC 216, 219, 280)
- (2) EDC 282 Practicum in Group Counseling (EDC 219)
- (3) EDC 475° Practicum in Counseling (EDC 210*; Corequisite: EDC 272)
- (9) EDC 480° Field Study in Counseling (EDC 216, 280; Corequisite: EDC 274)
- (0-3) Electives*

* If the Comprehensive Exam (0 units) is selected as the Culminating Requirement (see Section C), EDC 290 is recommended as an elective.

+ Concurrent enrollment allowed with permission of instructor.

° Must be approved as a candidate in the Counselor Education Program; department petition required the semester prior to enrollment.

Students are encouraged to meet with faculty advisor prior to registration.

C. Culminating Requirement (0-6 units)

Choose one of the following:

- (3) EDC 505 Seminar: Preparation of Thesis/Project (ED 250). If thesis/project is not completed in one semester, then choose one of the following:
- EDC 550 Master's Thesis – Counseling – Plan A (EDC 505) **OR**
- EDC 551 Master's Project – Counseling – Plan B (EDC 505)

OR

- (0) Comprehensive Examination (Oral/Written) – Plan C

Thesis or Project. Students who select thesis or project must file a petition in the Department office one semester in advance. First semester enrollees are to register for EDC 505: Seminar: Preparation of Master's Thesis/Project (3). Students who do not complete the thesis/project in one semester are to petition for and enroll in either EDC 550 Master's Thesis (3) or EDC 551 Master's Project (3).

Oral Examination. Students may enroll in an optional elective, EDC 290 Master's Culminating Experience (3), preparation course. The examination occurs each semester. Students are expected to develop and present a personal theory paper. Students respond to questions from a case study presentation and counseling vignette.

SERVICES CREDENTIAL PROGRAMS

Pupil Personnel Services School Counseling Credential

Students pursuing the Pupil Personnel Services School Counseling Credential follow the same course requirements, with the exception of the Culminating Requirement, as do students with the School Counseling degree objective. In addition, a course in learning theory will be required for non-teachers.

For specific course requirements see "School Counseling" listing under "Master of Science in Counseling."

Pupil Personnel Services School Counseling Internship Credential

Requests to enter the Pupil Personnel Services School Counseling Internship Credential program must originate in writing from the district superintendent or other appropriate officer stating that the candidate is in a position or being offered a position (for the duration of at least one year) which requires the authorization of a Pupil Personnel Services Credential. Potential candidates are to contact the Counselor Education Department for further information.

UPPER DIVISION COURSES

Upper division standing is required for enrollment in any 100-series course.

170. Introduction to Counseling. An introduction to the profession of counseling. Explores the profession as a vocational choice. Examines basic counseling theories. Includes a group communication experience. Open to unclassified students. Does not apply to the Master's degree. Class meets in lecture/laboratory mode with lecture two hours and laboratory three hours per week. 3 units.

171. Multicultural/Ethnic Series. Four content strands represent the theoretical knowledge base necessary to understand the various ethnic groups presented. By focusing on psychological, cultural, historical and political content, students will learn specifics necessary to counseling clients of ethnic diversity. **Note:** scheduled such that students may take all four courses in one semester. Open to unclassified students. Graded Credit/No Credit. 1 unit each.

171A. Asian Americans. This course will contain educational materials, lectures and discussions of the cultural and psychological influences on Asian Americans. Students' perceptions, knowledge, attitudes, and personal responses will be vital to integrative and interactive learning. 1 unit.

171B. Native Americans. This course will provide an informational base for understanding differences and similarities in perceptions and attitudes between American Indians and European-based cultures. Students will learn how the Native American past affects present counseling situations and will be given an opportunity to experience the Native American culture as it relates to counseling issues. 1 unit.

171C. Latinos. The purpose of this course is to provide an environment to develop a personal counseling philosophy and method of implementation consistent with appropriate issues related to the Latino culture/ethnicity. 1 unit.

171D. African Americans. This course is designed to provide an overview of the African American experience for the prospective counselor and other human service providers. Students will be required to have an African American experience, read literature, and observe the impact of this subculture on the American society. 1 unit.

GRADUATE COURSES

Graduate standing is required for enrollment in any 200-series course.

200. Current Issues in Counseling. Selected course topics of concern to counselors. Open to unclassified students. Graded Credit/No Credit. 1 unit each.

200A. Current Issues in Counseling: Aging. An investigation of value systems as they relate to the aging process through affective and cognitive experiences. Students will obtain knowledge and skills relative to the issues of aging through interviews, guest speakers, structured activities, lectures and film. Students will investigate counseling approaches for the special needs of the aging. 1 unit.

200C. Current Issues in Counseling: Change Agent. This course is designed to investigate processes and strategies that affect change. There will be an opportunity for students to investigate a change within institutions and further their own commitment toward change agency. Strategies that allow counselors to function within institutions will be presented. 1 unit.

200E. Current Issues in Counseling: Gays and Lesbians. An overview of the topic of homosexuality, the theories of the origin and/or causes, and the interrelationship with gender and sexuality issues. There will be an exploration of the identification of self as gay/lesbian; the process of "coming out" personally, socially and societally; and the process of minority group identification with the gay/lesbian subculture. Throughout the course there will be a focus on the counseling issues unique to this population and the means for dealing effectively with such issues.

210. Multicultural/Ethnic Counseling. Exploration of ethnic and cultural differences to develop or expand awareness, techniques, skills, theories, concepts, and to acquire information necessary to counsel effectively with clients of various ethnic/cultural groups. Students examine their own attitudes, behaviors, perceptions, and biases, and are encouraged to develop their own multicultural approach to teaching, counseling or administration. Lecture/discussion three hours per week. **Prerequisites:** EDC 171A, 171B, 171C, 171D, approval as a candidate in the Counselor Education Program. 3 units.

212. Gender Roles and Sexuality in Counseling. The impact of gender roles and sexism on the individual and society; human sexual behavior and disorders; attitudes, sources, and methods needed by counselors to assist in facilitating change. Lecture three hours per week. **Prerequisite:** approval as a candidate in the Counselor Education Program. 3 units.

214. Dynamics of Human Development. An overview of theories and research pertaining to the dynamics of human development, including cultural, biological, social, and psychological factors. Particular emphasis will be placed on the relationship of these factors to the field of counseling. Lecture three hours per week. **Prerequisite:** approval as a candidate in the Counselor Education Program. 3 units.

216. Counseling Theory. An examination of four counseling philosophies, with emphasis on knowledge and practice. Requires the refinement of one's own counseling orientation. **Note:** recommended to be taken within the first 6 units of the Counselor Education Program. **Corequisite:** EDC 280. Lecture two hours per week. 2 units.

218. Appraisal in Counseling. Intended to acquaint the prospective counselor with an array of assessment instruments and appraisal techniques. Includes practical experience with tests as well as foundations of test development. Lecture three hours per week. **Prerequisite:** approval as a candidate in the Counselor Education Program. 3 units.

219. Group Processes in Counseling. Group process theory and procedures, including group counseling and guidance. Art Therapy students register for a designated section of the course and incorporate art therapy techniques into the group process. Participation in a group experience is required. Lecture / discussion three hours per week. May be repeated for credit. **Prerequisite:** approval as a candidate in the Counselor Education Program. Graded Credit/No Credit. 3 units.

220. The Spiritual Dimension in Counseling and Psychotherapy. An investigation into concerns and issues, modes and methodologies surrounding exploration of the spiritual dimension in the counseling/psychotherapy relationship. Experiential activities are included. **Prerequisites:** EDC 216, 280, or equivalent; or permission of instructor. 3 units.

222. Clinical Stress Reduction. Major concepts, theories, and approaches to effective stress reduction. Includes stress level assessment, planning and implementation of a stress reduction program. Practice of beneficial stress reduction techniques and application in clinical practice. **Note:** open to unclassified students with permission of instructor. 3 units.

230. Law and Ethics for Marriage, Family and Child Counseling. Legal and ethical considerations in the practice of marriage, family, and child counseling. Current laws, responsibilities, restrictions, rights and privileges, licensing regulations, and ethical standards of major professional groups. Child abuse assessment and reporting requirements. Organization, administration, and management of independent practice. Lecture three hours per week. **Prerequisites:** EDC 216, 280, approval as a candidate in the Counselor Education Program. 3 units.

231. Pathology and Diagnosis. Advanced discussion of psychopathology, with emphasis on differential diagnosis, use of DSM-III-R, and development of case formulations. Includes use of mental status exam and structured interview schedules. Major diagnostic categories covered include schizophrenia, mood disorders, anxiety disorders, and personality disorders. Completion of case reports and understanding of clinical materials using diagnosis and case formulations will be emphasized. Lecture three hours per week. **Note:** May substitute PSYC 268 with consent of faculty advisor prior to registration. **Prerequisites:** EDC 214, 216, 280, and must be screened and approved for the MFCC specialization. 3 units.

232. Family Violence. Violence in the family includes spouse abuse, child abuse, incest, and sexual abuse. Myths about these areas will be replaced by empirically-based facts. There will be an emphasis on effective treatment methods; research findings on family violence, including etiology and family patterns; overlap with alcohol and other drugs, and maintenance factors. Students will gain techniques and skills in interviewing, assessment, and counseling when violence is a presenting issue. **Prerequisite:** EDC 212, 230, 234, or permission of instructor. 3 units.

233. Substance Abuse and the Family. An introduction to the field of substance abuse and to counseling families affected by substance abuse. Medical, psychological, sociocultural, and legal aspects of addiction are presented, as well as the etiology, identification, assessment, treatment, and prevention of substance abuse. Lecture two hours per week. **Note:** May substitute PSYC 250 with consent of faculty advisor prior to registration. **Prerequisite:** permission of instructor; EDC 210, 212, 214 recommended. 2 units.

234. Seminar: Marriage and Family Counseling. An introduction to the basic concepts and principles of family therapy. This course provides and lays the foundation on which all theories/schools of family therapy are based. Issues include evaluation of families, diagnosis in a family context, interviewing strategies, redefining problems in a family systems context, and treatment principles. Lecture three hours per week. **Note:** May substitute PSYC 225 with consent of faculty advisor prior to registration. **Prerequisites:** EDC 214, 216, 280; approval as a candidate in the Counselor Education Program. **Corequisite for MFCC Specialization:** EDC 476. 3 units.

235. Advanced Seminar: Marriage and Family Counseling. The strategic systems, communication, and structural schools of marital and family therapy will be presented, including Minuchin, Haley, Madanes, the MRI school, and the Milano approach. Ericksonian styles of family therapy and paradoxical approaches will be covered. Issues include ethical and legal considerations, and outcome research in marital and family therapy. There will be an emphasis on translating principles of family therapy into actual practice. Lecture/discussion three hours per week. **Prerequisites:** EDC 234, 476; must be screened and approved for the MFCC area of specialization. **Corequisite:** EDC 475. 3 units.

240. Art Therapy: Theory and Practice. An introduction to the history, theory, and practice of art therapy and the interpretation of visual language. A combined lecture and experiential course designed to encourage students to learn from their own image-making as well as from the work of others. Purchase of some basic art supplies is required. Class meets three hours per week in lecture/discussion/experience mode. **Note:** open to unclassified graduate students on a space available basis. Fall only. 3 units.

241. Developmental Stages and Art Therapy Techniques. An in-depth study of normal stages of development in art with special emphasis on the developmental stages as both diagnostic indicators and aids in devising art therapy treatment. Includes hands-on experience with a variety of art therapy techniques and discussion of their applicability to different client populations. Purchase of some basic art supplies is required. Class meets three hours per week in lecture/discussion/experience mode. **Prerequisites:** EDC 240; approval as a candidate in the Counselor Education Program or instructor approval. Spring only. 3 units.

242. Play and Art in Therapy with Children. An exploration of the ways children use fantasy, play, and art in their growth and healing. Students learn therapeutic art and play interventions that utilize children's natural metaphorical modes of communicating. Purchase of some basic art supplies is required. Class meets three hours per week in lecture/discussion/experience mode. **Prerequisites:** EDC 240; approval as a candidate in the Counselor Education Program or permission of instructor; concurrent enrollment in EDC 241 recommended. Spring only. 3 units.

243. Clinical Art Therapy. The use of art techniques in the assessment and treatment of adult psychopathology. Includes an overview of clinical application of projective techniques, discussion of appropriate interventions with clients of varying diagnoses, and the student's own imagery as a learning tool. Students learn clinical charting, record keeping, and professional presentation of case materials. Purchase of some basic art supplies is required.

Class meets three hours per week in lecture/discussion/experience mode. **Prerequisites:** EDC 214, 231, 240, 241; approval as a candidate in the Counselor Education Program or permission of instructor. Fall only. 3 units.

244. Family Art Techniques. Issues and practice in using art for evaluation of family dynamics and in family treatment. Major focus is on developing proficiency in conducting a family art evaluation and determining appropriate treatment goals and intervention for the family as a system. Purchase of some basic art supplies is required. Class meets three hours per week in lecture/discussion/experience mode. **Prerequisites:** EDC 218, 234, 243, 476; approval as a candidate in the Counselor Education Program or permission of instructor. Spring only. 3 units.

260. Career Development. Course provides a basic introduction to career development and career counseling. Identification and assessment of issues common in career counseling settings are examined. Group and individual models of career development and counseling in schools, community agencies or private industry are also investigated and discussed. Lecture three hours per week. **Prerequisites:** EDC 218; approval as a candidate in the Counselor Education Program. 3 units.

262. Career Counseling Process. On-going learning of the processes needed to deliver career counseling services to a variety of clientele. Students will extend their theoretical knowledge base and will more clearly focus on the relationship between a person's life and the process of career development. Elements to be studied in more depth include career development theory, assessment techniques and strategies, goal setting, decision making, and integration of multicultural aspects and strategies. A practical experience in administering and interpreting selected test instruments extensively used in career counseling will be included. Lecture three hours and practical experience one hour per week. **Prerequisites:** EDC 260; approval as a candidate in the Counselor Education Program. 4 units.

264. Seminar in Counseling: Career Systems Development. An advanced course in Career Development systems required for specialization majors dealing with career development in its broadest sense. Specific emphasis is at the implementation level, with students learning the necessary skills for implementing, maintaining, and stimulating Career Development in schools, community agencies or private industry. Lecture three hours per week. **Prerequisites:** EDC 260; approval as a candidate for the Counselor Education Program. 3 units.

266. Seminar in Counseling: Career Program Development. An advanced course in Career Development required of specialization area majors. Specific emphasis is at the program development level, with students learning the necessary components for developing a career counseling program in schools, community agencies, or private industry. Lecture three hours per week. **Prerequisites:** EDC 260; approval as a candidate in the Counselor Education Program. Fall only. 3 units.

270. Organization and Administration of School Counseling Programs. The principles and practices necessary to plan, initiate, administer, and evaluate school counseling programs, including related laws. Lecture/discussion three hours per week. **Prerequisite:** approval as a candidate in the Counselor Education Program. 3 units.

272. Seminar: Counseling Children and Youth. Application of the counseling approaches introduced in EDC 216 specifically to counseling children and youth. Lecture/discussion three hours per week. **Prerequisites:** EDC 216, 280; approval as a candidate in the Counselor Education Program. **Corequisite for School Counseling Specialization:** EDC 475. 3 units.

274. Advanced Seminar: Counseling Children and Youth. The continued examination of the counseling strategies presented in EDC 216 and 272. Application of the approaches working with children and youth with special needs. Focus of the course will be to examine the consultation interventions utilized with the counseling approaches when working with children and youth. Lecture/discussion three hours per week. **Prerequisites:** EDC 216, 272, 280; approval as a candidate in the Counselor Education Program. **Corequisite:** First 6 units of EDC 480. 3 units.

276. Consultation and Supervision in Counseling. Presents the background, theory, and process of the counselor as a consultant to individuals, groups, and organizations. Emphasis is on consultation as a vehicle of change within systems and methods which the mental health professional can use to make effective interventions. Course content includes: the history of consultation, new roles of the consultant, strategies of change, stages of consultation and change, leadership, diagnosis, internal consultation, ethical considerations, and specific consultant skills. Lecture three hours per week. **Prerequisites:** EDC 216, 219, 280; approval as a candidate in the Counselor Education Program or permission of instructor. 3 units.

280. Practicum in Communication. Supervised practice in the basic styles of communication, verbal and nonverbal, with additional focus on the particular skills of selected theories. Lecture one hour, laboratory two hours. Recommended to be taken within the first 6 units of study in the Counselor Education Program. **Corequisite:** EDC 216. Graded Credit/No Credit. 2 units.

282. Practicum in Group Counseling. Supervised practice in leadership of group counseling. Class meets in the lecture/laboratory mode with one hour of lecture and three hours of laboratory. **Prerequisites:** EDC 219; approval as a candidate in the Counselor Education Program. Graded Credit/No Credit. 2 units.

290. Master's Culminating Experience. Course focuses on reviewing and synthesizing of student's knowledge of theories, and applying theory to own theory, case studies, and vignettes. A review and examination of previous learning will be included. This course may be taken in preparation for the comprehensive examination. Discussion format. Lecture three hours. **Prerequisites:** advancement to candidacy for the master's degree and enrollment in the last semester of EDC 480. Graded Credit/No Credit. 3 units.

294. Cooperative Education Experience. Cooperative Education (Co-op) relates academic theory to professional practice by providing paid work experience in the student's major field of study and academic credit. Students receive supervised employment in school districts, state and community agencies, companies and other appropriate settings. Requires preparation of application packet, completion of field study assignment and a written final report. **Note:** Units may not be used to meet coursework requirements. **Prerequisite:** Open only to upper division and graduate students; consent of department chair. Graded Credit/No Credit. 3 units.

296. Experimental Offerings in Counselor Education. Experimental offerings in Counselor Education to be offered in the various areas of specialization in response to students' needs. 1-3 units.

299. Special Problems. Individual projects at graduate level designed especially for students capable of independent study. Admission by approval of the instructor with whom the student will be working directly and the Department Chair. Graded Credit/No Credit. 1-3 units.

475. Practicum in Counseling. Supervised practice in individual counseling. Emphasis on application of counseling theories and the integration of one's own counseling philosophy into practical applications. Class meets in the laboratory mode four hours per week. **Note:** department petition is required the semester prior to enrollment. **Prerequisites for all specializations:** EDC 216, 280 and approval as a candidate in the Counselor Education Program. **Additional prerequisites by specialization:** *Career* – EDC 210*, 212*, 218, 260; *Community* – 210, 212*, 214, 218, 219, 296N; *MFCC* – 210, 212, 218*, 219, 230*, 234, 476; *School* – 210*. (*Concurrent enrollment allowed with permission of advisor.) **Corequisites by Specialization:** *MFCC* – EDC 235; *School* – EDC 272. Graded Credit/No Credit. 3 units.

476. Practicum in Marriage, Family and Child Counseling. Structured observation and supervised practice in marriage, family, and child counseling. Application of material learned in EDC 234. Emphasis on establishing relationships and interviewing techniques with multiple clients, assessment techniques, setting goals, and learning to think systemically. Utilization of behavioral approaches to family therapy. Laboratory two hours per week. **Prerequisites:** EDC 216, 280, approval as a candidate in the Counselor Education Program. **Corequisite:** EDC 234. Graded Credit/No Credit. 1 unit.

480. Field Study in Counseling. Directed field study for counselors. Supervised experiences in the field are arranged in counseling. Sixty-five clock hours of experience required for each unit of credit. A supervision seminar is part of the field experience. **Note:** department petition is required the semester prior to enrollment. **Prerequisites:** approval as a candidate in the Counselor Education Program and approval of faculty advisor. **Additional Prerequisite by Specialization:** *MFCC* – completion of required courses except culminating requirement; *School* - EDC 216, 280. **Corequisite for School Specialization:** EDC 274. Graded Credit/No Credit. 2-6 units.

481. Pupil Personnel Services Internship Seminar. Supervision seminar for currently employed school counselors who are pursuing the Pupil Personnel Services Credential. Enrollment is required every semester until intern is prepared to enroll in EDC 480. **Prerequisites:** internship credential, paid position as a school counselor, and admission to the PPS Internship program. Graded Credit/No Credit. 2 units.

505. Seminar: Preparation of Master's Thesis/Project. This seminar is designed to extend research knowledge. Provides direction, library/professional counseling resources, exposure to sample theses/projects using APA style. Reviews research methodology and a review of the literature from a counseling perspective. **Prerequisite:** ED 250. Graded Credit/No Credit. 3 units.

550. Master's Thesis — Counseling — Plan A. Credit given upon successful completion of a thesis approved for the Master's degree. Open only to the graduate student who has been advanced to candidacy for the Master's degree. **Note:** Department petition is required the semester prior to enrollment. **Prerequisites:** all course requirements in Counselor Education and EDC 505. Graded Credit/No Credit. 3 units.

551. Master's Project — Counseling — Plan B. Credit given upon successful completion of a project approved for the Master's degree. Open only to the graduate student who has been advanced to candidacy for the Master's degree. **Note:** Department petition is required the semester prior to enrollment. **Prerequisites:** all course requirements in Counselor Education and EDC 505. Graded Credit/No Credit. 3 units.