



# Athletics

President's Office

## PROGRAM DESCRIPTION

The program of intercollegiate athletics is organized and conducted as an integral part of the total educational program of the University. Academic excellence and athletic accomplishments go hand in hand at Sacramento State. There are three separate and unique missions in this program: to contribute to the educational objectives of the University; to provide a healthy, competitive athletic experience to individual student-athletes; to serve as a public relations vehicle within the community.

The Department of Intercollegiate Athletics offers both academic courses and an intercollegiate athletics program. Academic courses offer the opportunity for individuals to gain knowledge and understanding in a particular area of expertise related to intercollegiate athletics.

Sacramento State has made a strong commitment to the achievement of national excellence at the NCAA Division I level. It also is committed to maintaining an equitable program between men and women.

### Special Features

- Sacramento State is affiliated with the Big Sky Conference.
- Softball is a part of the Pacific Coast Softball Conference.
- Men's soccer is a member of the Mountain Pacific Sports Federation.
- Baseball and women's gymnastics are members of the Western Athletic Conference.
- The Athletic Advising Program (Lassen Hall 3004) offers a counseling system for student-athletes, designed specifically by the Department of Intercollegiate Athletics and Academic Affairs to ensure academic development.

### Faculty

Bill Campbell, Michael Connors, Kim Hughes, Jerome Jenkins, Slava Konikov, Michael Linenberger, Lois Mattice, Mark McGushin, Steve Mooshagian, Dan Muscatell, Adam Pohil, Katie Poynter, Joe Ramos, Kathleen Raske, John Smith, Kathy Strahan

### Contact Information

Dr. Terry Wanless, Director  
 Martinique Baker, Administrative Support Coordinator  
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### Student-Athlete Special Action Review Committee

The Student-Athlete Special Action (SASA) Committee will be convened at the request of the Admissions/Athletic Eligibility Counselor. The SASA Committee's purpose is to review, on a case-by-case basis at the request of the Admissions/Athletic Equity Counselor, student-athlete applicants to Sacramento State who do not meet University admission standards and/or NCAA eligibility requirements. The SASA Committee will consider whether an applicant should be granted special admission to the University. The primary information to be reviewed will be the applicant's overall academic performance as demonstrated by grade point average and/or SAT/ACT scores. Additional educational evidence may also be considered (e.g., at-risk issues, family background, disability).

The SASA Committee will be comprised of the following individuals approved by the Athletics Advisory Board:

1. Faculty Athletic Representative (Chair)
2. Faculty member
3. Faculty member (Learning Skills)
4. Member of the Athletics Academic Advising staff
5. Life Skills Coordinator
6. Coaching Staff Member not affiliated with the student-athlete's sport (Appointed by A.D.)

The following process will be used in the review of each case:

1. If an athlete does not meet admission standards or is denied admission to the University because he or she has demonstrated a lack of academic preparedness to succeed in college, the coach may request that the Admissions/Athletic Eligibility Counselor schedule a meeting with the SASA Committee to review the admission status of the student-athlete and determine whether the granting of a special admission is warranted.
2. The Student-Athlete, Coach and/or Athletic Director may also forward or present any relevant information to the SASA Committee for its review and consideration.
3. The admission decision recommended by the SASA Committee for each applicant will be forwarded in writing to the Director of Admission.
4. Admission conditions will be stipulated in a written contract for all approved applicants with the Admissions/Athletic Equity Counselor.

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## Lower Division Courses

### *Intercollegiate Sports for Men*

**ATIC 61. Men's Cross Country.** Practice begins mid-August and the season ends in mid-November. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 62. Men's Tennis.** Practice begins the first day of the fall semester and the spring schedule ends the last of May. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 63. Men's Track and Field.** Indoor Track and Field practice begins in the fall. The competitive season is in the winter. Outdoor Track and Field practice begins the first day of spring semester and the season ends the last week of May. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 64. Men's Baseball.** Practice begins in the fall with the competitive season starting February 1. The 56-game schedule is followed by the NCAA Championships for qualified teams in May. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 65. Men's Basketball.** Practice begins mid-October. The season ends in late February and leads to NCAA Championships for qualified teams. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 66. Men's Football.** Daily afternoon practice begins in late August. The 10-11 game schedule is followed by NCAA Championships for qualified teams in late November. There is also spring practice which follows NCAA regulations as to starting date. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 67. Men's Golf.** Practice begins fall semester Monday through Friday starting at noon. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 68. Men's Soccer.** Morning and afternoon practices begin in mid-August in accordance with NCAA regulations. Competitive season begins the first week of September and ends in mid-November. Daily practices during fall semester are from 3:00-6:00 p.m. Daily practices during the spring semester are also from 3:00-6:00 p.m. beginning the third week in February and ending the last week in April. You must see the head coach for permission to tryout. **Graded:** Credit / No Credit. **Units:** 2.0.

### *Intercollegiate Sports for Women*

**ATIC 80. Women's Basketball.** Practice begins mid-October. The competitive season begins in November and continues to the end of February leading to the NCAA Championships for qualified teams. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 81. Women's Golf.** Practice begins the second week of September. Competition consists of one or two matches in the fall and the remaining part of the schedule is during the spring semester. Interested student-athletes who would like to walk on and try out for the team should contact the coach. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 82. Women's Soccer.** Morning and afternoon practices begin in mid-August in accordance with NCAA regulations. Competitive season begins the first week of September and ends in mid-November. Daily practices during fall semester are from 2:00-4:00 p.m. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 83. Women's Gymnastics.** Practice begins in September. The competitive season starts in January and ends in late April with the NCAA Championships for qualified teams. Daily practices are 12:30-4:00 p.m. Student-athletes must contact the coach prior to tryouts. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 84. Women's Softball.** Practice begins in the fall with the competitive season starting mid-February. The 56-game schedule is followed by NCAA Championships in late May for qualified teams. Daily practices are 1:30-5:30 p.m. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 85. Women's Rowing.** Rowing accommodates both scholarship and walk-on athletes with no experience necessary. Tall cross-over student-athletes are encouraged to turn out. Daily practice starts in September, 6:00-8:30 a.m. There is a fall semester long distance race season and a traditional "sprint" season in the spring semester, concluding with the National Championships in May. All student-athletes race. No limit on squad size. Freshman/Novice, Junior Varsity and Varsity squads, lightweight (130 lbs.) or open. Also, coxswains required. Should be under 115 lbs. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 86. Women's Tennis.** Practice begins the first day of the fall semester and the spring schedule ends the last of May. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 87. Women's Volleyball.** Preseason begins in mid-August. Competition begins September 1 and ends in mid-December with NCAA Championships for qualified teams. Daily practices are 2:00-5:00 p.m. Interested student-athletes must contact the coach prior to the preseason, be cleared by the Clearinghouse, and meet all eligibility requirements in order to participate in tryouts. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 88. Women's Cross Country.** Practice begins mid-August and the season ends in mid-November. **Graded:** Credit / No Credit. **Units:** 2.0.

**ATIC 89. Women's Track and Field.** Indoor Track and Field practice begins in the fall. The competitive season is in the Winter. Outdoor Track and Field practice begins the first day of spring semester and the season ends the last week of May. **Graded:** Credit / No Credit. **Units:** 2.0.

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## Additional Courses Offered

**ATIC 167. Coaching of Football.** Examines all phases of the game, including offense, defense and special teams. Other topics covered are public/media relations, budget management, academic rules, marketing strategies, officiating, equipment and many other aspects. Lecture two hours, activity two hours. **Units:** 3.0.

**ATIC 175. Sports Information Fieldwork.** Directed observations and work experience with intercollegiate athletics sports information support services. Field work is offered to give students orientation in the profession of sports information services. Supervision is provided by the instructional staff of the university. Each student is required to maintain a record of activities and assignments and to prepare periodic reports. **Note:** May be repeated once for credit. **Prerequisite:** JOUR 123 or instructor permission. **Graded:** Credit / No Credit. **Units:** 1.0-3.0.

**ATIC 195. Field Experience in Intercollegiate Athletics.** Directed experience in athletics. Student interns keep records of daily experiences and prepare periodic progress reports. Succeeding enrollments should be in different sports. **Note:** Registration requires prior approval of Director of Athletics. **Graded:** Credit / No Credit. **Units:** 1.0-2.0.

**ATIC 199. Directed Individual Study.** Individual research, project or directed reading. **Note:** Registration requires approval of the faculty under whom the individual work is to be conducted and the Director of Athletics. **Graded:** Credit / No Credit. **Units:** 1.0-3.0.