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### MESA Pre-college Programs

(916) 278-4575  
[www.csus.edu/mesa](http://www.csus.edu/mesa)

Students explore engineering and computer science careers by participating in MESA activities during their pre-college years. These pre-college MESA programs are available to students in 27 area high schools, 21 middle/junior high schools, and 48 elementary schools. In cooperation with school districts, MESA provides an extensive summer enrichment program.

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### Partnerships for Employment Opportunities

Career Center  
Lassen Hall 2000  
(916) 278-6231  
[www.csus.edu/careercenter](http://www.csus.edu/careercenter)

The Career Center offers a proactive comprehensive career development program, fostering partnerships with community and campus businesses to provide hands-on work experience for students and alumni.

**Experiential Education and Internships** offer students academic credit for employment opportunities that compliment their educational endeavors by matching educational goals with work experiences.

The **Student Employment** program provides job-listing services to students looking for employment while attending college. The **J.O.B. Board** lists nearly 500 jobs (part-time, full-time and internships) in the Sacramento region, focusing on the I-80 corridor between Lake Tahoe and the Bay area. An Internet job listing service is accessible at [www.monstertrak.com](http://www.monstertrak.com) 24 hours a day.

The **On-Campus Recruiting** program provides students with an opportunity to begin their professional job search while still attending classes during their senior year. Nearly 250 employers participate in the OCR program interviewing just over 1100 students each semester.

**Career Events and Job Fairs** presented five times each year offer students and Alumni even broader opportunities to meet with prospective employers. Over 800 employers normally attend Job Fairs, each searching specifically for CSUS students who have a reputation for being able to balance an academic life with work and family life.

\*See also Campus Life/Student Resources/Career Center, page 39.

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### Office of Community Collaboration

Library 4028  
(916) 278-4610  
[www.csus.edu/occ](http://www.csus.edu/occ)

One of the goals of CSUS is to cultivate student commitment to community service, a promotion to which the student population has responded vigorously. The University also believes that when community service is linked to academic course work (service learning), students are afforded outstanding opportunities to enrich their education while addressing community needs.

The Office of Community Collaboration (OCC) is designed to expand service learning programs and projects throughout the campus. It provides assistance to faculty who offer service learning to students as either an optional or required component of course work. OCC staff organizes and presents training in the recommended methods of service learning; they help identify appropriate community partner organizations and sites; and they provide support in managing the logistics of student service away from campus. OCC also identifies community partners for faculty interested in research and consultation focused on local and regional issues.

The eagerness of CSUS students to integrate learning with community service complements the University's mission to lead the way in addressing the Sacramento region's social, cultural, economic, and environmental challenges. Created in 1996, OCC has facilitated the incorporation of service learning into 71 courses, over 70 percent of which continue to be offered on a regular basis. Service learning courses now exist in every college in the University, adding an invaluable dimension to the students' education while contributing many thousands of hours of student service to the surrounding community.

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### Head Start Collaboration

Brighton Hall 219 or  
Child Development, Brighton Hall 135  
(916) 278-7192

Dr. Karen Horobin: (916) 278-5528, E-mail: [kdhorobin@csus.edu](mailto:kdhorobin@csus.edu)  
Natalie Pierce: (916) 278-3768, E-mail: [piercen@csus.edu](mailto:piercen@csus.edu)

The CSUS Department of Child Development has a long-standing collaboration with the Head Start programs operated by the Sacramento Employment and Training Center (SETA). There are 30+ sites in the Sacramento region where students can work as assistants in preschool classrooms, fostering the cognitive and social development of children from economically disadvantaged backgrounds. Volunteer and paid positions are available, with funding through the Federal Work Study program or SETA Head Start. Contact the Head Start Collaboration office on campus for more information.

## community connections

### Elk Grove 21st Century Twilight Program

Dr. Karen Horobin: (916) 278-5528, E-mail: [kdhorobin@csus.edu](mailto:kdhorobin@csus.edu)  
Natalie Pierce: (916) 278-3768, E-mail: [piercen@csus.edu](mailto:piercen@csus.edu)

College students thinking about becoming elementary school teachers who want to get some early experience should consider this opportunity. In collaboration with the CSUS College of Education, the Elk Grove Unified School District operates an after-school tutoring and enrichment program in which college students help grade school children develop their reading and/or math skills. Volunteer and paid positions are available through Federal Work Study funding or the Elk Grove School District.

### Reaching Excellence After Developing Effective Reading Skills Program (READERS)

Dr. Noreen Kellough: (916) 278-4735, E-mail: [kellough@csus.edu](mailto:kellough@csus.edu)  
Pamela O’Kane: (916) 278-4345, E-mail: [okane@csus.edu](mailto:okane@csus.edu)

In the READERS program, college students learn the basics of tutoring reading skills and help elementary school children who are reading below grade level. They practice their newly acquired knowledge by tutoring students at reading centers in the Folsom-Cordova, San Juan, Sacramento City and North Sacramento School Districts. Both volunteer and paid positions are available with funding through Federal Work Study or America Reads/America Counts. This experience is an excellent way for students to find out if a career working with young people is right for them.

### CSUS Links Project

Dr. Lynda Stone: (916) 278-4326  
E-mail: [lstone@csus.edu](mailto:lstone@csus.edu)  
[www.uclinks.org](http://www.uclinks.org)

Modeled on the Fifth Dimension program developed at UC San Diego, the CSUS Links Project connects an undergraduate service learning course (CHDV 148 — Culture, Communication and the Development of Thinking) to a boisterous and lively after-school program. In the after-school program, college students tutor elementary school children, promoting literacy development through a mixture of play and educational activities.

## University Outreach Services

Lassen Hall 3000  
(916) 278-7362  
[www.csus.edu/admr/outreach.html](http://www.csus.edu/admr/outreach.html)

The Office of University Outreach Services coordinates all campus outreach programs, including pre-collegiate services, high school services, and transfer services, as well as services to students from low income and educationally disadvantaged groups. The programs are designed to meet enrollment levels that reflect the richness of diversity in the Sacramento Region and to build a healthy enrollment balance by class level and academic programs.

### Academic Outreach Services

Outreach programs and services offered at elementary through twelfth grade provide academic assistance and guidance to students and parents from low-income, low-performing schools in the Sacramento region.

- Provide middle school teachers, parents and students with workshops and literature designed to encourage early academic preparation.
- Provide tutors to select school sites. Paid positions are available through AmericaReads funds.
- Establish collaborative relationships with local educational institutions to create and implement programs and services designed to increase college-going rates at low-performing schools.
- Coordinate annual on-campus middle school conference, “College: Making It Happen” for parents and students.

### High School Outreach Programs

High School Outreach programs provide information and guidance on higher education opportunities in general, and CSUS opportunities in particular, to prospective students, parents, guidance personnel, and other interested persons. The Outreach staff also assists students in completion of the matriculation process and articulates University programs, policies, and procedures to other educational institutions and agencies.

## Community Outreach

### University Outreach Services

additionally encompasses programs such as:

- Memorandums of Understanding, established with the Elk Grove and San Juan Unified Districts and Sacramento and Luther Burbank High Schools as student-centered partnerships, emphasizing college preparation and student academic achievement, increasing the college preparation and admission rates for district students, strengthening curricula articulation and preparation of teachers, deepening parental awareness about college, and ensuring student matriculation.
- High School Liaison provides extensive outreach visits and activities at high schools in the CSUS service area and throughout the state.
- Campus tours; tele-counseling services; distribution of complimentary copies of the University Catalog and related CSU/CSUS materials to schools, colleges and related agencies; and consultation to University academic departments in planning articulation conferences.

### Transfer Outreach Programs and Services

Community College Outreach Programs work closely with community colleges in California to facilitate a smooth transition for students transferring to CSU Sacramento. In addition to the following list, the programs and services of the Community College Outreach mirror the High School Outreach program.

- Memorandums of Understanding, established with the Los Rios, Sierra and Yuba Community College Districts, are partnerships emphasizing and promoting a seamless transition to CSU Sacramento.
- Development and distribution via *www.assist.org* of official articulation agreements between CSUS and other campuses specify the acceptability of transfer courses toward meeting lower-division major preparation.
- Visits to community colleges enable staff to meet with prospective students, providing instant, on-site admission for eligible applicants at major feeder community colleges.
- Participation in the California Articulation Number System (CAN), a statewide cross-reference number system, allows for the identification of courses with comparable content on participating campuses.

### Learning Resource Center (Mall Hall)

Florin Mall  
6117 Florin Road, Sacramento, CA 95823  
(916) 422-4181  
[www.csus.edu/asi/orgs.html](http://www.csus.edu/asi/orgs.html)

The Learning Resource Center (popularly called the “Mall Hall”) is a computer facility operating, free to the public, in Sacramento’s Florin Mall. It represents a collaborative effort between CSUS College of Social Sciences and Interdisciplinary Studies (916-278-6504) and Associated Students, Inc. (916-278-6784), who maintain and staff the facility, and the Florin Mall Management, which provides mall space and utilities.

Mall Hall has thirty state-of-the-art computers, all connected to the Internet. It is open daily with structured orientation sessions (primarily for senior citizens) in the morning and unstructured open access in the afternoons. The Florin section of Sacramento served by Mall Hall is economically challenged and access to information technology is problematic.

The Learning Resource Center has been highly successful. Florin Mall merchants are happy to engage their immediate community in a positive new way. CSUS recruitment efforts in the Florin section have improved, and students staffing Mall Hall are pleased to participate in a collective service-learning effort that has immediately discernible results.

### LIFE Center

Professor Lois Boulgarides: (916) 278-5047  
Dr. Jancis Dennis: (916) 278-5055  
[www.hhs.csus.edu/lifecenter](http://www.hhs.csus.edu/lifecenter)

Faculty, students, and staff associated with the College of Health and Human Services developed the LIFE Center to provide interdisciplinary services that promote good health and well being for older adults in the community, research opportunities in the field of wellness and older adults, and learning opportunities for students in kinesiology, physical therapy, nursing, gerontology, and recreation and leisure studies. Current programs encompass functional health assessments by nursing students, fall risk assessments by physical therapy students, balance and fall reduction classes, monthly speaker forums, Yoga and Tai Chi classes, strength and conditioning classes, men’s fitness, and fitness classes for special populations. Students receive academic credit as they gain practical experience in their majors.

## community connections

### WAVE Camp and Project PLAY

Dr. Scott Modell  
(916) 278-5041  
[www.hhs.csus.edu/modells](http://www.hhs.csus.edu/modells)

WAVE Camp (Water Adventures in Varied Environment) is designed to expand opportunities for children with physical disabilities to participate in purposeful fitness, sports, and social activities. The camp combines activities in swimming, scuba diving, sailing, kayaking, canoeing, and water skiing. Each participant is paired with a “buddy” (college student, community member or paid staff) to ensure safe and successful maximum participation.

Project PLAY (Play-Oriented Lifetime Activities for Youth) is a fitness and leisure program for individuals with disabilities that also trains parents, legal guardians, and other family members to provide follow-up instructions and support for program participants in the home. Project PLAY combines activities in the areas of motor fitness, physical fitness, development of leisure time skills, opportunities in adapted aquatics, training for Special Olympics, wheelchair games, and other organized competition for individuals with disabilities.

Both the WAVE Camp and Project PLAY are opportunities for students to engage in Community Collaboration in the Department of Kinesiology and Health Science.

### Capital Public Radio KXPR, FM 90.9 and KXJZ, FM 88.9

(916) 278-8900, E-mail: [npr@csus.edu](mailto:npr@csus.edu)  
[www.capradio.org](http://www.capradio.org)

KXPR and KXJZ are Sacramento public radio stations, licensed to California State University, Sacramento as a public service for the Sacramento region. Capital Public Radio also manages KXSR 91.7 in Groveland, KKTO 90.5 in Tahoe City, KUOP 91.3 in Stockton, KXJS 88.7 in Sutter and KQNC 88.1 in Quincy. KXPR and KXSR feature classical music, while KXJZ, KKTO, KUOP, KXJS and KQNC provide NPR news and information programming. The KXJZ stations also broadcast jazz evenings and weekends.

The radio stations provide internship opportunities for qualified CSUS students who wish to gain experience by working in a professional broadcasting environment.

### CSUS Alumni Association

CSUS Alumni Center  
(916) 278-6295 or (800) SAC-GRAD  
E-mail: [alumni@csus.edu](mailto:alumni@csus.edu)  
[www.csus.edu/alum](http://www.csus.edu/alum)

The Alumni Association, open to all former and current students and friends of the University, was founded July 20, 1950 to support alumni and the campus community.

The Association, which relishes an active role in campus growth, maintains and operates the CSUS Alumni Center. This outstanding venue may be rented for meetings, conferences, weddings, receptions, and other social events. It provides a “home” on campus for alumni and a place for activities that help alumni strengthen ties to the students, the campus and the community.

The Association sponsors or co-hosts annual events such as the Alumni Honors Luncheon, the Causeway Classic, Homecoming, pre-game parties, and the prestigious Distinguished Service Awards dinner, as well as the Alumni Breakfast Club, the Alumni Scholarship Program and other special projects.

At the annual Honors Convocation, the Association and the University present the Scholastic Achievement Award to seniors who have demonstrated high scholastic achievement and leadership qualities while making a positive contribution to the enrichment of campus life.

The Association supports special interest alumni chapters: Art, Biological Sciences, Business Administration, Capitol Fellows, Communication Studies, Criminal Justice, Education, Engineering and Computer Science, Family and Consumer Sciences, Football Alumni and Friends, Geography, Government, Kinesiology, MBA Women, Marching Band Alumni, Nursing, Recreation & Leisure Studies, *State Hornet* Alumni, Social Work, and Theatre and Dance.

Current students may join the Student Alumni Council (SAC) affiliated with the Alumni Association. SAC bridges the gap between students and alumni. Dues for students are \$10 per year.

Annual Association membership dues are \$25 for recent graduates, \$40 for individuals, and \$50 for a married couple (one needs to be an alum). A five-year plan is \$160 for an individual and \$200 for joint membership. A Life Membership is \$400 (\$600 for joint lifetime membership). To belong to a chapter, include an additional \$5 for each selected chapter.

Governed by a 33-member Board of Directors, the Association offers its members various opportunities to volunteer for social and fundraising activities.