



PROGRAM DESCRIPTION

The Liberal Studies program is a multidisciplinary major designed for students who intend to become K-8 and special education teachers in California. The program has been approved by the California Commission on Teacher Credentialing. The largest portion of the major comprises the core section, with courses in reading, language and literature, mathematics, natural science, history and social sciences, visual and performing arts, physical education, human development and health. In addition, the major requires a concentration: a 12-unit area of focus in which the student can develop knowledge in a discipline of special interest.

The Liberal Studies major is a complex program requiring early and continuing contact with an advisor. Students must complete 120 units and meet the University foreign language requirement in order to earn a Bachelor of Arts degree. The Liberal Studies program consists of 100-103 units, including 12 units in one concentration. Students are urged to obtain advice as early as possible to avoid delays in the completion of these requirements. The Liberal Studies program director and faculty and staff advisors are located in Lassen Hall 2008, (916) 278-6342. Early planning is also strongly advised to prepare students to apply to the professional education program. Details about multiple subject credential programs and regular information sessions are provided by the Teacher Preparation and Credentials Office in Eureka Hall 216, (916) 278-6403.

Career Possibilities

The Liberal Studies major is specifically designed to prepare students in the multiple disciplines that teachers in the kindergarten through middle school grades must have studied. Thus it is framed for students who intend to become teachers in K-8 schools and is not recommended as a general major for those who wish to pursue a variety of career fields other than teaching.

Faculty and Staff Advisors

Melanie Loo, Biological Sciences; Susan Wanlass, English; Kristen Anderegg, Liberal Studies; Gary Shannon, Mathematics and Statistics

Contact Information

Lindy Valdez, Program Director
Deborah James, Administrative Support Coordinator
Lassen Hall 2008
(916) 278-6342
www.csus.edu/libst

Concentrations

• Linguistics/Composition / Foreign Language / Literature / Mathematics / Natural Science / World History / U.S. History / American Studies / California Studies / Multicultural Studies / Art / Theatre / Music / Physical Education / Human Development

Special Features

A Blended Elementary Teacher Education Program (BETEP) is offered jointly by Liberal Studies and the Department of Teacher Education for students who have made a decision as they enter the University to become K-8 teachers. This program, designed so that it can be completed in four and one-half years, blends together the course work from the various subject matter areas in Liberal Studies with the education courses and student teaching required for a credential. Successful completion of all requirements will culminate in a Bachelor of Arts in Liberal Studies and a preliminary (Level 1) Multiple Subject Credential. A transfer blended program option with area community colleges has been developed among CSU campuses across the state.

UNDERGRADUATE PROGRAM

Requirements • Bachelor of Arts Degree

Units required for Major: 100-103

Minimum total units required for BA: 120

A minimum grade of "C-" is required in all courses applied to the Liberal Studies major.

Courses in parentheses are prerequisites.

A. Core Requirements (88-91 units), includes specific courses from eight disciplines:

Reading, Language and Literature (18-21 units)

- (3) COMS 5 The Communication Experience
- (3) ENGL 1A College Composition (EPT score of 149 or above, or completion of ENGL 1)
- (3) ENGL 16 Structure of English (ENGL 1A or equivalent)
- (3) ENGL 20* College Composition II (ENGL 1A with grade "C-" or better, or equivalent)
- (3) ENGL 116A Studies in Applied Linguistics (Passing score on WPE)
- (3) ENGL 116B Children's Literary Classics (Passing score on WPE)

*Course to meet critical thinking requirement. See advisor for specific options.

Mathematics (9 units)

- (3) MATH 17 An Introduction to Exploration, Conjecture and Proof in Mathematics (MATH 9 or three years of high school mathematics which includes two years of algebra and one year of geometry; completion of ELM requirement and the Intermediate Algebra Diagnostic Test)
- (3) MATH 107A Fundamental Mathematical Concepts (MATH 17 and passing score on the Intermediate Algebra Diagnostic Test)
- (3) MATH 107B Fundamental Mathematical Concepts (MATH 107A)

Note: Students who complete a mathematics concentration will substitute MATH 30, MATH 31, and MATH 35 for the above requirements. For further information and clarification on this option, seek advising from the Liberal Studies faculty advisor from mathematics and statistics.

Natural Science (15 units)

- (4) BIO 7 Introduction to the Science of Biology
- (3) CHEM 106 Chemical Concepts (GEOL 8 or BIO 7, ENGL 20 or an equivalent second semester composition course)
- (3) GEOL 8 Earth Science
- (1) GEOL 8T Earth Science Lab for Teachers (GEOL 8, may be taken concurrently)
- (4) PHYS 107 Conceptual Physics and Scientific Inquiry (BIO 7, CHEM 106, GEOL 8, MATH 17)

Social Science and Humanities (21 units)

- (3) GEOG 100 Themes in World Geography
- (3) GOVT 1 Essentials of Government
- (3) HIST 17A United States History, 1607-1877
- (3) HIST 50 World Civilizations, Beginnings to 1600
- (3) HIST 132 Topics in World History (HIST 50)
- (3) HIST 187 Topics in U.S. History, 1600-1900 (HIST 17A) **OR**
- ECON 104 Introduction to the United States Economy
- (3) LBST 110 California Studies (GOVT 1 or equivalent)

Visual and Performing Arts (9 units)

- (3) ART 133 Understanding and Creating Art (Upper division status; declared major in Child Development, Liberal Studies, or Blended Liberal Studies)
- (3) MUSC 101 Experiences in Music
- (3) THEA 118 Children's Theatre

Physical Education (3 units)

- (3) KINS 172 Movement Education

Health Science (2 units)

- (2) HLSC 136 School Health Education

Human Development (3 units)

- (3) CHDV 35 Child and Adolescent Development

Integrative Study (3 units)

- (3) HRS 162 American Space and Identity

Field Experience (5 units)

- (2) CHDV 35F Human Development and Elementary Field Experience (Corequisite: CHDV 35)
- (3) Select one of the following:
- CHDV 148 Culture, Communication, and the Development of Thinking (Upper division status or instructor permission)

- EDBM 194 Cooperative Education Experience (Approval of Department Chair)
- EDTE 103A Tutoring Children in Reading (Corequisite: EDTE 103B) **AND**
- EDTE 103B Tutoring Children in Reading Practicum (Corequisite: EDTE 103A)

Summative Assessment Requirement (0 units)

In compliance with California Commission on Teacher Credentialing standards, in order to receive subject matter competency certification, students who complete the Liberal Studies major must pass the California Subject Examination for Teachers (CSET).

Note: Students will need to meet the foreign language graduation requirement in effect as per their catalog year.

B. Requirements for Concentrations

All concentrations require a minimum of 12 units, 3 of which may overlap with the core course requirements (except for concentration in multicultural studies). Students who wish to complete requirements for a supplementary authorization in any CCTC-approved discipline, which allows them to teach that subject in grades K-9, should see an advisor for important information.

Select one of the following concentrations:

Linguistics/Composition

- (3) ENGL 116A Studies in Applied Linguistics (Passing score on WPE)
- (9) Select three of the following:
- ENGL 110J Traditional Grammar and Standard Usage
- ENGL 110P Second Language Learning and Teaching
- ENGL 110Q English Grammar for ESL Teachers
- ENGL 120A Advanced Composition (Passing score on WPE)
- ENGL 125B Writing and the Young Writer

Literature

- (3) ENGL 116B Children's Literary Classics (Passing score on the WPE)
- (3) Select one of the following:
- ENGL 50A Introduction to American Literature I
- ENGL 150A Early American Literature
- ENGL 150B American Romanticism (Passing score on the WPE)
- (3) Select one from each of the following series:
- ENGL 165 Literature of the English Speaking World Series course
- ENGL 180 Studies in the Literature of Ethnic Minorities Series course
- (3) Select one from the following series:
- ENGL 170 Studies in Literary Genres and Modes Series course

Foreign Language

Complete the minor requirements in a foreign language.

United States History

- (3) HIST 17A U.S. History, 1607-1877
- (3) HIST 17B U.S. History, 1877-Present
- (3) HIST 100 Introduction to Historical Skills
- (3) Select one of the following:
- HIST 150 Colonial America

- HIST 151 The Age of the American Revolution
 HIST 152 Young Republic, 1790-1840
 HIST 153 Civil War and Reconstruction, 1840-1890
 HIST 154 20th Century U.S., 1890-1940
 HIST 183A California History, 1542-1860

World History

- (3) HIST 50 World Civilizations: Beginnings to 1600
 (3) HIST 51 World Civilizations: 1600-Present
 (3) HIST 100 Introduction to Historical Skills
 (3) Select one of the following:
 HIST 110 The Ancient Near East: A Cultural History (Passing score on the WPE)
 HIST 111 Ancient Greece
 HIST 112 Ancient Rome
 HIST 113 Early Medieval Europe
 HIST 114 Europe in the High Middle Ages
 HIST 115 The Renaissance and Reformation in Europe
 HIST 116 Europe, 1648-1815, The Age of Revolution
 HIST 122A History of Women in Western Civilization: Prehistory-Middle Ages (Passing score on WPE)
 HIST 126 Evolution of Christianity to the Reformation
 HIST 143A Middle Eastern History to 1800
 HIST 148A China: Antiquity to 1600 AD

California Studies

- (3) ECON 114 The California Economy (ECON 1A and ECON 1B or ECON 104) **OR**
 GEOG 131 California
 (3) GOVT 180 California State and Local Government
 (3) LBST 110 California Studies (GOVT 1 or equivalent)
 (3) Select one of the following:
 HIST 183A California History, 1542-1860
 HIST 183B California History, 1860-1970
 HIST 186 Ethnic Minorities in California History

American Studies

- (3) HRS 161 Multicultural America
 (3) HRS 162 American Space and Identity
 (3) HRS 168/ HIST 168 Images of America (Passing score on WPE)
 (3) Select one of the following:
 HIST 161 American Vision
 HIST 162 Social History of the U.S.
 HIST 166 Popular Culture
 HIST 167 History of American Women
 HIST 169 Hollywood and America
 HIST 182 American West
 HRS 185 Women in Film and American Culture

Multicultural Studies

(There is no overlap with core course requirements in this concentration.)

- (3) EDBM 170 Bilingual Education: Introduction to Educating English Learners
 (3) ETHN 11 Introduction to Ethnic Studies **OR**
 ETHN 100 Ethnic America (Passing score on WPE)
 (6) Select two from any of the following categories or one from each of two categories:*

Chicano/Latino Emphasis

- ANTH 106 Culture and Personality of the Chicano Child
 ETHN 30 Introduction to Chicano/Latino Studies
 ETHN 130 Chicano/Mexican-American Experience
 ETHN 131 La Raza Studies
 ETHN 132 La Mujer Chicana
 HIST 178 Mexican-American History

Asian American Emphasis

- ETHN 110 The Asian American Experience
 ETHN 111 Southeast Asians in the U.S.

African American Emphasis

- ETHN 170 Pan African Studies
 HIST 177 The African American Experience, 1603-Present

Native American Emphasis

- ETHN 140 Native American Experience
 HIST 171 American Indian Ethnohistory

Women's Studies Emphasis

- HIST 167 History of American Women
 WOMS 115 Introduction to Women's Studies
 WOMS 136 Gender, Race and Class (Passing score on WPE)
 WOMS 137 Women of Color

*If planning to pursue a multiple subject credential with a Bilingual Emphasis (BCLAD) in Spanish or Asian languages, students must take two courses from Chicano/Latino Emphasis or Asian American Emphasis, respectively.

Mathematics*

- (3) MATH 102 Number Theory (MATH 31)
 (3) MATH 121 College Geometry (MATH 31; MATH 32 or MATH 35)
 (3) MATH 190 History of Mathematics (MATH 31 and upper division standing in mathematics)
 (3) MATH 196 Experimental Offerings in Mathematics Series course

*Students who complete a concentration in mathematics will have taken MATH 30, MATH 31, and MATH 35 in lieu of the regular core course work in mathematics (MATH 17, MATH 107A, MATH 107B) as these courses are necessary preparation for the concentration course work.

Natural Science

- (3) CHEM 106 Chemical Concepts (GEOL 8 or BIO 7, ENGL 20 or an equivalent second semester composition course)
 (9) Select three of the following:
 ANTH 154 Primate Behavior
 ASTR 4 Introduction to Astronomy (One year of high school geometry or instructor permission)
 ASTR 132 Stars, Galaxies and Cosmology (ASTR 4, passing score on WPE)
 BIO 102 The Natural History of Plants (A college course in biology or instructor permission)
 BIO 103 Plants and Civilization (BIO 10 or equivalent)
 BIO 106 Genetics: From Mendel to Molecules
 CHEM 6A Introduction to General Chemistry (One year high school algebra)

- CHEM 6B Introduction to Organic and Biological Chemistry (CHEM 1A or CHEM 6A or a high school chemistry course and passing a qualifying exam given in the first laboratory period)
- GEOG 111 Elements of Meteorology (GEOG 1 or instructor permission)
- GEOG 113 Climate (Knowledge of general world distribution of climatic elements as given in an introductory physical geography course)
- GEOL 121 Geology of California (GEOL 10 or equivalent)
- GEOL 130 Oceanography
- GEOL 170 Geology of the Planets (An introductory Geology course or instructor permission)
- PHSC 107 History of the Physical Sciences
- PHYS 30 Science and Pseudoscience
- PHYS 186 Musical Acoustics: Science and Sound

Art

- (3) ART 1A Art in the Western World: From Stone Age to End of Middle Ages **OR**
- ART 1B Art in the Western World: From Renaissance to Present
- (3) ART 133 Understanding and Creating Art (Upper division status; declared major in Child Development, Liberal Studies, or Blended Liberal Studies)
- (3) ART 137 Art for Exceptional Children
- (3) Select one of the following:
- ART 20A Beginning Drawing
- ART 53 Beginning Hand-Built Ceramics
- ART 60 Two-Dimensional Composition
- ART 70 Form, Space and Vision
- ART 88 Sculpture
- ART 148 Barrio Art for Ethnic Groups

Music

- (3) MUSC 5 Beginning Theory
- (3) MUSC 18 Music Appreciation
- (3) MUSC 101 Experiences in Music
- (3) MUSC 119A World Music: Asia **OR**
- MUSC 119B World Music: Africa **OR**
- MUSC 119C World Music: Latin America

Theatre

- (3) THEA 1 Introduction to Theatre **OR**
- THEA 9 Appreciation of Acting
- (3) THEA 115 Puppetry **OR**
- THEA 115A Multicultural Puppetry
- (3) THEA 117 Fundamentals of Recreational Theatre
- (3) THEA 118 Children's Theatre

Physical Education**Fundamental and Creative Movement Skills (6 units)**

- (3) KINS 138 Teaching Strategies in Physical Education (Prerequisite or co-requisite to all KINS 140 series classes)
- (3) KINS 172 Movement Education

Human Movement, Motor Development and/or Motor Learning (3 Units)

- (3) Select one from the following:
- KINS 150 Exercise and Sport Physiology
- KINS 176 Perceptual Motor Development
- KINS 177 Introduction to Adapted Physical Education

Team Sport (2 Units)

- (2) Select one from the following:
- KINS 143 Analysis of Field Sports (Corequisite: KINS 138)
- KINS 145 Analysis of Team Passing (Corequisite: KINS 138)

Individual, Dual, Nontraditional, Global Sport and Games (1-2 Units)

- (1-2) Select one from the following:
- KINS 141 Analysis of Net Games (KINS 138)
- KINS 146 Analysis of Aquatics (KINS 138)
- KINS 147 Analysis of Self Defense (KINS 138)
- KINS 148 Analysis of Nontraditional Games and Outdoor Activities (KINS 138)
- KINS 149 Analysis of Health-Related Fitness (KINS 138)

Students must complete the above classes for this concentration. A total of 10 upper division units (one in each category) must be completed for the supplemental authorization credential for Physical Education. (This allows teachers to teach physical education in grades K-9.) A grade of "C" or higher is required in every course to meet this requirement for a California Commission on Teacher Credentialing approved Supplementary Authorization (if still available).

Human Development

- (3) CHDV 35 Child and Adolescent Development
- (3) CHDV 133 Research in Human Development (CHDV 30 or CHDV 35 and completion of 45 total units of credit)
- (3) CHDV 136 Developmental Experiences; Methods and Curriculum (Senior status or instructor permission)
- (3) Select one of the following:
- CHDV 135 Cross-Cultural Child Development (CHDV 30 or CHDV 35 and CHDV 123 or CHDV 133 either of which may be taken concurrently)
- FACS 50 The Family and Social Issues
- FACS 150 Family Stress and Coping: Multicultural Focus (FACS 50 or equivalent with instructor permission; passing score on WPE)
- SOC 169 Changing American Family

Upper Division Courses

LBST 110. California Studies. Multidisciplinary, analytical view of California that identifies its ethnic and racial diversity within the political, economic and social development of the state. Examines the environmental and geographic dimensions of the state as well as the demographic and land-use trends that have contributed to California's uniqueness. **Prerequisite:** GOVT 1 or equivalent. **Units:** 3.0.

LBST 194. Liberal Studies Cooperative Education Experience. Cooperative Education (Co-op) relates academic theory to professional practice by providing paid work experience in schools or related settings. Students gain field experience through supervised employment in school districts and other education-related settings. **Note:** May be repeated once for credit. **Prerequisite:** Upper division status, and instructor permission. **Graded:** Credit / No Credit. **Units:** 3.0.