

Education - Counselor Education

College of Education



Master of Science
Credentials

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Education - Counselor Education

PROGRAM DESCRIPTION

The 60-unit Master of Science in Counseling prepares professional counselors for employment in a variety of settings such as public and private agencies, universities and colleges, schools and private practice. This degree meets the educational requirements for professional counselor licensure in most states. The 57-unit Pupil Personnel Services, School Counseling Credential prepares professional counselors to work within the K-12 educational system. The programs are clinically oriented, with didactic and experiential courses, a 100-hour clinical practicum, and 600 hours of field experience.

Specializations

Students earning the Master of Science in Counseling are required to specialize in one or more of the following areas:

- Career Counseling
- Community Counseling
- Marriage, Family, and Child Counseling
- School Counseling

Students who are specializing in School Counseling and intend to be employed in California will need to obtain one of the following two school counseling service credentials:

- Pupil Personnel Services School Counseling Credential
- Pupil Personnel Services School Counseling Internship Credential

All counseling specializations at Sacramento State are nationally accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP).

Note: For additional information on credentials, see the “College of Education” section of the catalog. Program requirements are subject to change in order to maintain compliance with relevant state and national certification, licensure, and/or accreditation requirements. Interested parties should refer to the current student handbook for up to date program information.

Special Features

- An on-campus Center for Counseling and Diagnostic Services brings clients from off campus to be counseled by students in the program and provides opportunity for video and audio feedback.
- Additionally, a community-based counseling center, The Alliance for Excellence, provides services for clients who prefer to be seen off campus.
- The Migrant Education Advisor Program (MEAP), a collaborative partnership with the Office of Migrant Education, the Masters in Counseling Program and participating school districts.
- Faculty actively support diversity and focus on multicultural counseling skills throughout the curriculum.
- Classes are offered during the day, late afternoon, and evening.

Faculty

Rose Borunda, Marielle Brandt, Nancy Carlton, Shannon Dickson, Louis Downs, Kathryn Ecklund, Suzanne Gaughen, Bernadette Halbrook, Al Levin, Rita Marinoble, Miguel Martinez, Jan Osborn, Jonathan Porteus, Lynn Wilcox, Susan Wycoff

Contact Information

Rose Borunda, Department Chair
Kim Ross, Administrative Support Coordinator
Eureka Hall 414\
(916) 278-5399; FAX (916) 278-4174
edweb.csus.edu/edc

Additional Information

Master of Science Programs

The Department of Counselor Education offers the Master of Science degree in Counseling with the following areas of specialization:

- **Career Counseling.** The Career Counseling Specialization provides students with the knowledge, theory, and skills to work as effective counselors/career development specialists, and consultants in a variety of settings: community-based agencies, schools (K-12), colleges and universities, private practice, business, industry, and government. Students are trained to facilitate a holistic career development/career decision-making/planning process with groups and individuals that integrates personal, social, and career needs. Students develop the skills to address current issues in the 21st century, such as career self-reliance, work/family/life balance, multiculturalism, diversity, and lifelong learning.
- **Community Counseling.** Students in the Community Counseling Specialization are trained for a variety of counseling positions in the field of mental health, primarily those found in community agencies. Community counseling services in California include, but are not limited to, the following settings: family support services, child protective services, domestic violence centers, substance abuse centers, pastoral counseling centers, corrections, centers for counseling the elderly, and business and industry. Individuals with a specialization in community counseling may meet the requirements for licensure in most states (excluding California, Hawaii).
- **Marriage, Family, and Child Counseling.** The Marriage, Family and Child Counseling Specialization is designed to provide students with all the educational competencies required by the California State Board of Behavioral Sciences (BBS) for licensure as a Marriage and Family Therapist (MFT). The program trains professionals to work in a variety of settings, including community agencies, county and state agencies, hospitals and private practice, and prepares students to provide consulting to businesses and agencies. Emphasis is placed on developmental and preventative concerns, especially those of children.
- **School Counseling.** The School Counseling Specialization is designed for individuals who seek to become elementary, middle, or secondary school counselors. This program meets the requirements for the K-12 California Pupil Personnel Services Credential, School Counseling (PPS-SC). Students in this program are prepared to function as key members of an educational team seeking to optimize children's academic, socio-emotional, and career development. Students obtain the expertise necessary to lead the educational team in working collaboratively with a broad range of education and human service professionals, paraprofessionals and community representatives to identify, develop, implement and evaluate programs that provide key services to both the individual child as well as the systems and subsystems in which the child interacts.

Additional Information

Credential Programs

- **Pupil Personnel Services School Counseling Credential Program.** California schools, kindergarten through high school, require their school counselors to have the PPS-SC. Students pursuing the 57-unit PPS-SC Credential follow the exact same course requirements as students with the 60-unit Master's in Counseling Degree objective who are specializing in school counseling, with the exception of a 3-unit Culminating Requirement. The 60-unit master's degree is not required, although most students elect to complete the degree. In addition to the PPS-SC course requirements, individuals who obtain the credential must pass the California Basic Educational Skills Test (CBEST), required for all K-12 credentials in California. The program meets all standards established by the California Commission for Teacher Credentialing (CCTC).
- **Pupil Personnel Services School Counseling Internship Credential Program.** The PPS-SCI enables school districts and other educational agencies to place candidates in school counseling positions prior to the completion of credential requirements, provided that the CBEST has been passed. Requests must originate in writing from the district superintendent or other appropriate officers. The program meets all standards established by the California Commission for Teacher Credentialing (CCTC).

Note: Only students who are *already* enrolled in the School Counseling specialization at California State University, Sacramento may apply to the Internship Credential Program.

GRADUATE PROGRAMS

Master of Science in Counseling

The following information applies to the Master of Science in Counseling with these specializations: Career Counseling; Community Counseling; Marriage, Family, and Child Counseling; and School Counseling.

Admission Requirements

Admission as a classified graduate student in the Master of Science in Counseling program requires:

- A baccalaureate degree;
- Good academic standing at the last college attended;
- A grade point average of at least 2.5 (on a 4.0 scale) in the last 60 semester (or 90 quarter units);
- Completion of the University application materials;
- Completion and submission of all Departmental application materials which include:
 - Application Form
 - Written statement(s) delineated in application
 - Copies of transcripts (from all universities and colleges attended)
 - Professional letters of recommendation (3 total)
 - Passing score on the Writing Proficiency Examination (WPE) or its equivalent
 - Relevant work experience

- Participation in an In-Person Admission Evaluation, which may include (but is not limited to) interviews, experiential activities, and writing samples.

Selected applicants, based on paper screening of completed Applications, will be invited for an In-Person Admission Evaluation. Decisions for admission into the Master of Science in Counseling program are made based on a comprehensive assessment of all application materials and performance in the In-Person Admission Evaluation.

Admitted students will be required to take the following co-requisite courses under probationary status during their first semester in the program:

- PSYC 168: Abnormal Psychology (minimum grade of “C” is required);
- EDC 170: Introduction to Counseling; and
- EDC 171 Power, Privilege and Self Identity in Counseling (a minimum 3.4 overall average in these two EDC courses is required).

Failure to meet the above-stated grade requirements during the probationary period is grounds for automatic dismissal.

Note: The Graduate Record Examination (GRE) is not required for admission.

Writing Proficiency Examination (WPE). Applicants to the Master’s in Counseling program must show evidence of passing the undergraduate Writing Proficiency Examination (WPE) or its equivalent in order to be accepted into the program.

California Basic Educational Skills Test (CBEST). Although evidence of passing the CBEST is not required for admission into the Pupil Personnel Services Credential programs, the CBEST must be successfully passed prior to receiving the Pupil Personnel Services Credentials.

Admission Procedure

The application process is thoroughly outlined in the Department of Counselor Education’s Application Handbook. This handbook includes information about the program as well as detailed instructions for completing and submitting application materials. The Appendix of the handbook includes a checklist and all of the forms necessary for applying to the Department. Applicants may download the Application Handbook from Department website: <http://edweb.csus.edu/edcl>.

Applications are reviewed twice yearly for acceptance in either the fall or spring semester. Students must also be admitted to the University as unclassified graduate students in order to complete the preparatory courses (see “Admission Requirements”). For fall entrance Departmental applications become available mid-January and are due March 1; for spring entrance Departmental applications become available mid-August and are due October 1. Once the prospective applicant has either completed the necessary preparatory course work or is able to document that it will be completed prior to the start of the semester for which admission is being sought, the student may apply to a selected specialization.

Prospective applicants, including Sacramento State graduates, must submit the following to the Office of Graduate Studies, River Front Center 206, (916) 278-6470:

- an online application for admission; and

- two sets of official transcripts from all colleges and universities attended, *other than Sacramento State*;

and the above delineated application materials to the Department office:

Admission is competitive with a limited number of students admitted each year. Within two weeks of the filing deadline applicants who have completed the application requirements will be assigned an In-Person Admission Evaluation date. At the end of the application and screening period, a Departmental recommendation will be submitted to the Office of Graduate Studies for further review. Decisions regarding admission are then mailed to each applicant. Following admission, students are assigned to a faculty advisor who assists with academic advising.

Advancement to Candidacy

Each student working toward a Master’s degree must file an application for Advancement to Candidacy for the Master’s degree. The purpose of this application is to provide certification to the Office of Graduate Studies that the student will complete or has completed the necessary requirements and acceptable electives for the Master’s degree with a minimum 3.0 GPA. The Advancement to Candidacy application should be filed upon completion of 30 units in the program.

The Advancement to Candidacy forms, by specialization, are obtained from the Department of Counselor Education website (<http://edweb.csus.edu/edcl>) within the “Forms and Handbooks” link. Students should complete the relevant form in consultation with their assigned academic advisor. Once the form is endorsed by the student and the advisor, it will be verified by the department’s Graduate Coordinator and then forwarded to the Office of Graduate Studies for final approval. (The form is also available from the Office of Graduate Studies; however, it does not include the Departmental instructions.) The completed form is submitted to the department’s Graduate Coordinator for signature, then forwarded to the Office of Graduate Studies for final approval.

Additional Information

The Master of Science in Counseling and the Pupil Personnel Services credentials are subject to general university and Departmental requirements. These requirements are explained in the “Graduate Studies” and the “Counselor Education Department” sections of the Sacramento State catalog. Students may be disqualified when not meeting Departmental standards (see Counselor Education Student Handbook).

Students are strongly advised to remain in communication with the Department of Counselor Education (by attending group advising sessions and meeting with their assigned faculty advisor each semester) as well as with any licensing or credentialing boards related to their area(s) of specialization (i.e., Board of Behavioral Sciences, California Commission on Teacher Credentialing) since licensing and credentialing requirements may change. Catalog rights hold only degree requirements; they do not protect students from changes such as prerequisites required for a given course, field study hours, individual course requirements, or additional requirements imposed by licensing or credentialing agents. Students should note that the Counselor Education course listings are subject to modification. The revised Department listing is official.

Requirements • Master of Science Degree

Units required for MS: 60

Minimum GPA: 3.0

Academic Residence: A minimum of 42 approved semester units in 100-, 200-, and 500-series offerings must be earned in residence at California State University, Sacramento.

Courses in parentheses are prerequisites.

A. Required Courses for All Specializations (39 units)

- (3) EDC 210* Multicultural/Ethnic Counseling (EDC 170, EDC 171)
- (3) EDC 212* Gender Roles in Counseling
- (3) EDC 214* Dynamics of Human Development
- (2) EDC 216 Counseling Theory (EDC 170, EDC 171; Corequisite:, EDC 280)
- (3) EDC 218* Appraisal in Counseling
- (3) EDC 219* Group Processes in Counseling (EDC 216; EDC 280)
- (3) EDC 250 Education Research (Graduate status)
- (3) EDC 252 Legal and Ethical Issues in Professional Counseling
- (3) EDC 260* Career Development (EDC 218)
- (2) EDC 280 Practicum in Communication (EDC 170, EDC 171; Corequisite: EDC 216)
- (2) EDC 282* Practicum in Group Counseling (EDC 219)
- (3) EDC 475*^o Practicum in Counseling (EDC 210, EDC 214, EDC 216, EDC 280. Additional prerequisites by specialization: Career - EDC 212+, EDC 218, EDC 219+, EDC 260, EDC 262+; Community - EDC 201, EDC 212+, EDC 218, EDC 219; MFCC - EDC 212, EDC 218+, EDC 219, EDC 234, EDC 252+, EDC 476; School - EDC 252+, EDC 270. Corequisite: By specialization: MFCC - EDC 235; School - EDC 272)
- (2-6) EDC 480*^o Field Study in Counseling (Approval of faculty advisor; EDC 475. Additional prerequisites by specialization: MFCC specialization: completion of required courses except culminating requirement: Corequisite: MFCC - EDC 235, School - EDC 272)

B. Specialization Requirements (18 units)

Select one of the following areas of specialization:

Career Counseling

- (4) EDC 262* Career Counseling Process (EDC 260)
- (3) EDC 264* Seminar in Counseling: Career Systems Development (EDC 260)
- (3) EDC 266* Seminar in Counseling: Career Program Development (EDC 260)
- (3) EDC 268 Career and Job Search (EDC 260 or instructor permission)
- (1) EDS 265 Current Issues in Counseling: Disabled
- (4) Electives**

Community Counseling

- (3) EDC 201* Seminar in Community Counseling: Scope, Theory and Process (EDC 216, EDC 280 may be taken concurrently)

- (3) EDC 203* Seminar in Community Counseling: Advanced Multicultural Counseling (EDC 210, EDC 216, EDC 280)
- (3) EDC 204* Advanced Seminar in Community Counseling: Methods and Strategies for Chemical Dependency (EDC 216, EDC 233, EDC 280)
- (3) EDC 231* Diagnosis and Treatment Planning (EDC 214, EDC 216, EDC 280)
- (2) EDC 233* Substance Abuse and the Family (EDC 210, EDC 212, EDC 214 recommended; or instructor permission)
- (1) EDS 265 Current Issues in Counseling: Disabled
- (3) Electives**

Marriage, Family and Child Counseling

- (3) EDC 231* Diagnosis and Treatment Planning (EDC 214, EDC 216, EDC 280) **OR**
PSYC 268# Advanced Psychopathology
- (2) EDC 233* Substance Abuse and the Family (EDC 210, EDC 212, EDC 214 recommended; or instructor permission) **OR**
PSYC 250# Alcohol and Chemical Dependency: Detection and Treatment
- (3) EDC 234* Seminar: Marriage and Family Counseling (EDC 214, EDC 216, EDC 280. Corequisite: EDC 476) **OR**
PSYC 225# Family Therapy (Graduate student status)
- (3) EDC 235 Advanced Seminar: Marriage and Family Counseling (EDC 234, EDC 476; must be screened and classified student in the MFCC specialization. Corequisite: EDC 475)
- (3) EDC 272* Counseling Children and Youth (EDC 216, EDC 280, and classified standing in Counselor Education program. Corequisite: EDC 475)
- (1) EDC 476* Practicum in Marriage, Family and Child Counseling (EDC 216, EDC 280. Corequisite: (EDC 234)
- (2) EDC 254 Counseling and Psychotropic Medicine (EDC 231, EDC 234)
- (1) EDC 265 Current Issues in Counseling: Disabled

School Counseling

- (3) EDC 234* Seminar: Marriage and Family Counseling (EDC 214, EDC 216, EDC 280. Corequisite: EDC 476)
- (3) EDC 242 Play and Art Therapy with Children (EDC 216, EDC 280)
- (3) EDC 270* Organization and Administration of School Counseling Programs
- (3) EDC 272* Counseling Children and Youth (EDC 216, EDC 280, and classified standing in Counselor Education program. Corequisite: EDC 475)
- (3) EDC 274* Guidance and Consultation in School Counseling (EDC 216, EDC 270, and EDC 280)
- (2) EDS 100A Education of Exceptional Children/Youth (Corequisite: EDS 100B)
- (1) EDS 100B Education of Exceptional Children/Youth Lab (Corequisite: EDS 100A)

C. Culminating Requirement (3 units)

- (3) EDC 290° Master's Culminating Experience (Advancement to candidacy for the master's degree and enrollment in the last semester of course work)

Thesis or Project. Students who select thesis or project must file a petition in the

Department office one semester in advance. First semester enrollees are to register for

EDC 505. Students who do not complete the thesis/project in one semester are to petition for and enroll in either EDC 550 or EDC 551.

Oral Examination. Students usually enroll in an optional elective, EDC 290, preparation course. The examination occurs each semester. Students are expected to develop and present a personal theory paper. Students respond to questions from a case study presentation and counseling vignette.

*Classified student in the Counselor Education Program.

**If the Comprehensive Exam (0 units) is selected as the Culminating Requirement (see Section C), EDC 290 is recommended as an elective.

°Department petition required the semester prior to enrollment.

+Concurrent enrollment allowed with permission of instructor.

#Students are encouraged to meet with faculty advisor prior to registration.

Services Credential Programs

Pupil Personnel Services School Counseling Credential

Students pursuing the Pupil Personnel Services School Counseling Credential follow the same course requirements, with the exception of the Culminating Requirement, as do master's degree students with the School Counseling specialization objective. This program is not open to applicants who have completed master's in counseling degrees from other institutions.

For specific course requirements see "School Counseling" listing under "Master of Science in Counseling."

Pupil Personnel Services School Counseling Internship Credential

The Pupil Personnel Services Internship Credential Program is limited only to students who are already classified students in the Department of Counselor Education in the School Counseling Specialization. This program is not open to applicants from other institutions.

Requests to enter the Pupil Personnel Services School Counseling Internship Credential

program must originate in writing from the district superintendent or other appropriate officer stating that the individual is in a position or being offered a position (for the duration of at least one year) which requires the authorization of a Pupil Personnel Services Credential in School Counseling. Issuance of the Internship Credential requires passage of the CBEST, along with all admission requirements for the Counselor Education Department.

Upper Division Courses

EDC 170. Introduction to Counseling. Introduction to the profession of counseling. Explores the profession as a vocational choice. Examines basic counseling theories. Includes a group communication experience. Lecture two hours; laboratory three hours. **Note:** Open to unclassified students. Required prerequisite, not included in 200 -series 60 unit program for master's degree. **Units:** 3.0.

EDC 171. Power, Privilege and Self Identity in Counseling. Multicultural counseling competencies promote the awareness of one's assumptions, values and biases. Focuses on developing how one's values, attitudes, belief systems impact perception of differences in relation to race, ethnicity, culture and other markers. Experiential activities will engage students in their understanding of self while developing their capacity in becoming a culturally responsive/skilled counselor. Examination of historical processes that have created inter and intra group constructs is explored for development as an ally in promoting social justice. **Note:** Required prerequisite, not included in 200 -series 60 unit program for master's degree. **Units:** 4.0.

EDC 196. Experimental Offerings in Counselor Education. Experimental offerings in Counselor Education to be offered in the various areas of specialization in response to student's needs. **Units:** 1.0-3.0.

Graduate Courses

EDC 200E. Current Issues in Counseling: Gays and Lesbians. Overview of the topic of homosexuality, the theories of the origin and/or causes, and the interrelationship with gender and sexuality issues. There will be an exploration of the identification of self as gay/lesbian; the process of "coming out" personally and socially; and the process of minority group identification with the gay/lesbian subculture. Focuses on the counseling issues unique to this population and the means for dealing effectively with such issues. **Units:** 1.0.

EDC 201. Seminar in Community Counseling: Scope, Theory and Process. Explores the practice of community counseling by discussing the most current issues, theories and practices for community work, including its evolution and foundation. Emphasis on practices of diversity, ethics and the role of the counselor as change agent and advocate. Provides understanding of the role of the community counselor, services offered by community agencies and settings offered; examines four facets: direct community counseling, direct client services (outreach), indirect community services (influencing public policy) and indirect client services (client advocacy) **Prerequisite:** EDC 216, EDC 280 (may be taken concurrently). **Units:** 3.0.

EDC 203. Seminar in Community Counseling: Advanced Multicultural Counseling. Advanced principles and practices of effective cross-cultural counseling including applicable theories, research, needs assessments, effective implementation and evaluation of models including situational, developmental, and community crisis intervention, and empowerment strategies for practitioners. Additional client characteristics to be explored include the factors of ethnicity, nationality, age, gender, sexual orientation, education, cultural family values, and religious/spiritual values of the individual, family and community. Includes a fieldwork component. **Prerequisite:** EDC 210, EDC 216, EDC 280. **Units:** 3.0.

EDC 204. Advanced Seminar in Community Counseling: Methods and Strategies for Chemical Dependency. Advanced principles and practices of effective alcohol and drug counseling including applicable theories, research, goals, skills, and techniques for use with individuals, families, groups and communities. Examines and explores to what degree the use of alcohol and drugs correlates with community and domestic violence. Discussion of needs assessment, design, implementation and evaluation of counseling interventions, programs and systems. Includes a fieldwork component. **Prerequisite:** EDC 216, EDC 233, EDC 280. **Units:** 3.0.

EDC 210. Multicultural/Ethnic Counseling. Exploration of ethnic and cultural differences to develop or expand awareness, techniques, skills, theories, concepts, and to acquire information necessary to counsel effectively with clients of various ethnic/cultural groups. Students examine their own attitudes, behaviors, perceptions, and biases, and are encouraged to develop their own multicultural approach to counseling. Lecture/discussion three hours. **Prerequisite:** EDC 170 and EDC 171. **Units:** 3.0.

EDC 212. Gender Roles in Counseling. An overview of the individual and societal parameters of gender roles and sexism in self-identity, sexual behavior, health, mental health, relationships, values, abuse, violence, etc. Attitudes, research, prevention, assessment and treatment methods are addressed. Meets Board of Behavioral Sciences requirements in human sexuality and domestic violence. **Prerequisite:** Classification in the Counselor Education Program. **Units:** 3.0.

EDC 214. Dynamics of Human Development. Overview of theories and research pertaining to the dynamics of human development, including cultural, biological, social, and psychological factors. Particular emphasis will be placed on the relationship of these factors to the field of counseling. Lecture three hours. **Units:** 3.0.

EDC 216. Counseling Theory. Examination of four counseling philosophies, with emphasis on knowledge and practice. Requires the refinement of one's own counseling orientation. **Note:** Recommended to be taken within the first 6 units of the Counselor Education Program. **Prerequisite:** EDC 170 and EDC 171. **Corequisite:** EDC 280. Lecture two hours. **Units:** 2.0.

EDC 218. Appraisal in Counseling. Intended to acquaint the prospective counselor with an array of assessment instruments and appraisal techniques. Includes practical experience with tests as well as foundations of test development. Lecture three hours. **Prerequisite:** Classified graduate student in the College of Education. **Units:** 3.0.

EDC 219. Group Processes in Counseling. Group process theory and procedures, including group counseling and guidance. Participation in a group experience is required. Lecture, discussion three hours. **Note:** May be repeated for credit. **Prerequisite:** Classified graduate student in the College of Education EDC 216, EDC 280. **Graded:** Credit / No Credit. **Units:** 3.0.

EDC 220. The Spiritual Dimension in Counseling and Psychotherapy. Investigation into concerns and issues, modes, and methodologies surrounding exploration of the spiritual dimension in the counseling/psychotherapy relationship. Experiential activities are included. **Prerequisite:** EDC 216, EDC 280, or equivalent; or instructor permission. **Units:** 3.0.

EDC 222. Clinical Stress Reduction. Major concepts, theories, and approaches to effective stress reduction. Includes stress level assessment, planning and implementation of a stress reduction program. Practice of beneficial stress reduction techniques and application in clinical practice. **Note:** Open to unclassified students with instructor permission. **Units:** 3.0.

EDC 230. Law and Ethics for Marriage, Family, and Child Counseling. Legal and ethical considerations in the practice of marriage, family, and child counseling. Current laws, responsibilities, restrictions, rights and privileges, licensing regulations, and ethical standards of major professional groups. Child abuse assessment and reporting requirements. Organization, administration, and management of independent practice. Lecture three hours. **Prerequisite:** EDC 216, EDC 280; classified student in the Counselor Education Program. **Units:** 3.0.

EDC 231. Diagnosis and Treatment Planning. Advanced discussion of psychopathology with emphasis on differential diagnosis, use of DSM IV, and development of treatment plans. Use of mental status exam and structured interview schedules. Major diagnostic categories covered include schizophrenia, mood disorders, anxiety disorders, and personality disorders. Completion of case reports and understanding of clinical materials using diagnosis and treatment plans will be emphasized from a diversity perspective. Lecture three hours. **Note:** May substitute PSYC 268 with consent of faculty advisor prior to registration. **Prerequisite:** EDC 214, EDC 216, EDC 280; classified student in the Counselor Education Program. **Units:** 3.0.

EDC 232. Family Violence. Violence in the family includes spouse abuse, child abuse, incest, and sexual abuse. Myths about these areas will be replaced by empirically-based facts. There will be an emphasis on effective treatment methods; research findings on family violence, including etiology and family patterns; overlap with alcohol and other drugs, and maintenance factors. Students will gain techniques and skills in interviewing, assessment, and counseling when violence is a presenting issue. **Prerequisite:** EDC 212, EDC 230, EDC 234; or instructor permission. **Units:** 3.0.

EDC 233. Substance Abuse and the Family. Introduction to the field of substance abuse and to counseling families affected by substance abuse. Medical, psychological, sociocultural, and legal aspects of addiction are presented, as well as the etiology, identification, assessment, treatment, and prevention of substance abuse. Lecture two hours. **Note:** May substitute PSYC 250 with consent of faculty advisor prior to registration. **Prerequisite:** EDC 210, EDC 212, EDC 214 recommended; classified student in the Counselor Education Program; or instructor permission. **Units:** 2.0.

EDC 234. Seminar: Marriage and Family Counseling. Introduction to the basic concepts and principles of family therapy. Provides and lays the foundation on which all theories/schools of family therapy are based and covers the basic theories of family therapy. Issues include evaluation of families, diagnosis in a family context, interviewing strategies, redefining problems in a family systems context, and treatment principles. Lecture three hours. **Note:** May substitute PSYC 225 with consent of faculty advisor prior to registration. **Prerequisite:** EDC 214, EDC 216, EDC 280; classified student in the Counselor Education Program. **Corequisite:** For MFCC Specialization: EDC 476. **Units:** 3.0.

EDC 235. Advanced Seminar: Marriage and Family Counseling. Focuses on translating the principles of the major schools of marriage and family counseling into actual practice. The interface of individual and family system theories will be included. Issues include clinical, ethical, legal, and diversity considerations, as well as outcome research in marital and family therapy. Lecture/discussion three hours. **Prerequisite:** EDC 234, EDC 476; must be screened and a classified student in the MFCC specialization. **Corequisite:** EDC 475. **Units:** 3.0.

EDC 236. Couples Therapy. Focuses on applying major schools of couples and sex therapy to actual practice. Issues include evaluation of couples, interviewing strategies, power, diversity, ethical and legal considerations, treatment principles and practice, as well as outcome research in couples therapy. Lecture/discussion/practice. **Prerequisite:** EDC 212; EDC 234. **Units:** 2.0.

EDC 241. Developmental Stages and Art Therapy Techniques. In-depth study of normal stages of development in art with special emphasis on the developmental stages as both diagnostic indicators and aids in devising art therapy treatment. Includes hands-on experience with a variety of art therapy techniques and discussion of their applicability to different client populations. Purchase of some basic art supplies is required. Lecture, discussion, experience three hours. **Prerequisite:** Classified student in the Counselor Education Program or instructor permission. **Units:** 3.0.

EDC 242. Play and Art in Therapy with Children. Explores the ways children use fantasy, play, and art as means for communication, growth and healing. Emphasis is placed on clinical skills, therapeutic limit setting, counseling theory and developmentally appropriate interventions. Purchase of some basic art supplies is required. **Prerequisite:** EDC 216, EDC 280, classified student in the School Counseling Specialization. Other Counselor Education students may be permitted to enroll when space is available. **Units:** 3.0.

EDC 250. Education Research. Studies qualitative and quantitative methods in the development of reliable knowledge in the field of education. Includes identification and formulation of research problems, research designs and presentation of reports representative of different research strategies. Classified students are encouraged to take this course early in their graduate programs. **Prerequisite:** Graduate status. **Units:** 3.0.

EDC 252. Legal and Ethical Issues in Professional Counseling. Designed to provide students with basic knowledge and skills necessary to be legally and ethically competent in practice of counseling. Examines ethical and legal considerations pursuant to practice of counseling. Topics to be covered are ethics (CAMFT, AAMFT, ACA, ASCA, NCDA) related to counseling practice in private and public sectors, as well as laws regarding mandatory child and elder abuse assessment and reporting, confidentiality, privilege, liability, marriage, family, child and school ethics and law. Required for graduation with a degree in Counseling. **Units:** 3.0.

EDC 254. Counseling and Psychotropic Medicine. Provides an introduction to the development of prescribed psychoactive medication, and explores the psychodynamics and systems dynamics of psychotropic treatment, systems' attitudes towards pharmacotherapy, medication treatment for common clinical syndromes, psychotropic drug interactions, psychological effects of prescribed medication and differentiating psychotropic side effects from psychiatric symptoms. Collaboration among professionals from different disciplines and the specific role of counselors in pharmacologic treatment will also be addressed. Meets the BBS licensure requirements for Marriage and Family Therapists. **Prerequisite:** EDC 231, EDC 234 **Graded:** Credit / No Credit. **Units:** 2.0.

EDC 260. Career Development. Provides a basic introduction to career development and career counseling. Identification and assessment of issues common in career counseling settings are examined. Group and individual models of career development and counseling in schools, community agencies or private industry are also investigated and discussed. Lecture three hours. **Prerequisite:** EDC 218; classified student in the Counselor Education Program. **Units:** 3.0.

EDC 262. Career Counseling Process. On-going learning of the processes needed to deliver career counseling services to a variety of clientele. Students will extend their theoretical knowledge base and will more clearly focus on the relationship between a person's life and the process of career development. Elements to be studied in more depth include career development theory, assessment techniques and strategies, goal setting, decision making, and integration of multicultural aspects and strategies. A practical experience in administering and interpreting selected test instruments extensively used in career counseling will be included. Lecture three hours; practical experience one hour. **Prerequisite:** EDC 260; classified student in the Counselor Education Program. **Units:** 4.0.

EDC 264. Seminar in Counseling: Career Systems Development. Specific emphasis is at the implementation level, with students learning the necessary skills for implementing, maintaining, and stimulating career development in schools, community agencies or private industry. Lecture three hours. **Prerequisite:** EDC 260; classified student in the Counselor Education Program. **Units:** 3.0.

EDC 266. Seminar in Counseling: Career Program Development. Specific emphasis is at the program development level, with students learning the necessary components for developing a career counseling program in schools, community agencies, or private industry. Lecture three hours. **Prerequisite:** EDC 260; classified student in the Counselor Education Program. **Units:** 3.0.

EDC 268. Career and Job Search. Work is undergoing change with the advent of new technologies, an increasingly diverse workforce, and corporate restructuring. These conditions have led to more frequent occupational shifts and the loss of previously secure jobs, self-reliance replacing loyalty in relations between employers and employees, and fragmented careers becoming more common as family responsibilities and work opportunities became increasingly interwoven. Examines traditional and emerging approaches for assisting clients in a changing and evolving job market. **Prerequisite:** EDC 260 or instructor permission. **Units:** 3.0.

EDC 270. Organization and Administration of School Counseling Programs. Principles and practices necessary to plan, initiate, administer, and evaluate school counseling programs, including related laws. Lecture, discussion three hours. **Prerequisite:** Classified student in the Counselor Education Program. **Units:** 3.0.

EDC 272. Counseling Children and Youth. Provides students with a theoretical foundation and working knowledge of contemporary issues and interventions for children and youth. A variety of presenting problems and treatment strategies are explored. **Prerequisite:** EDC 216, EDC 280, classified student in Counselor Education Program. School specialization: EDC 242. **Corequisite:** School Counseling Specialization: EDC 475. **Units:** 3.0.

EDC 274. Guidance and Consultation in School Counseling. Presents a variety of topics and strategies related to the school counselor's role in implementing guidance curricula in the school. Explores models of consultation, change strategies, human relations skills, and ethical considerations. Emphasis is on the developmental nature of school counseling programming, the need for school counseling to support the larger instructional mission of the school, the role of the counselor as a change agent and the multiplicity of skills needed for successful guidance and consultation. **Prerequisite:** EDC 216, EDC 280, EDC 270; classified student in the Counselor Education Program. **Units:** 3.0.

EDC 280. Practicum in Communication. Supervised practice in the basic styles of communication, verbal and nonverbal, with additional focus on the particular skills of selected theories. Lecture one hour; laboratory two hours. **Note:** Recommended to be taken within the first 6 units of study in the Counselor Education Program. **Prerequisite:** EDC 170 and EDC 171. **Corequisite:** EDC 216. **Graded:** Credit / No Credit. **Units:** 2.0.

EDC 282. Practicum in Group Counseling. Supervised practice in leadership of group counseling. Lecture one hour; laboratory three hours. **Prerequisite:** EDC 219; classified student in the Counselor Education Program. **Graded:** Credit / No Credit. **Units:** 2.0.

EDC 290. Master's Culminating Experience. Focuses on reviewing and synthesizing of student's knowledge of theories, and application to own personal theory and client case study. A review and examination of previous learning will be included. Lecture three hours. **Note:** Usually taken in preparation for the comprehensive examination. Discussion format. **Prerequisite:** Advanced to candidacy for the master's degree and enrollment in the last semester of course work. **Graded:** Credit / No Credit. **Units:** 3.0.

EDC 294. Cooperative Education Experience. Cooperative Education (Co-op) relates academic theory to professional practice by providing paid work experience in the student's major field of study and academic credit. Students receive supervised employment in school districts, state and community agencies, companies, and other appropriate settings. Requires attendance at weekly meetings, preparation of application packet, completion of field study assignment, and a written final report. **Note:** Units may not be used to meet course work requirements. **Prerequisite:** Open only to upper division and graduate students; consent of Department Chair. **Graded:** Credit / No Credit. **Units:** 3.0.

EDC 296. Experimental Offerings in Counselor Education. Experimental offerings in Counselor Education to be offered in the various areas of specialization in response to students' needs. **Units:** 1.0-3.0.

EDC 299. Special Problems. Individual projects at graduate level designed especially for students capable of independent study. **Note:** Admission by approval of the instructor with whom the student will be working directly and the Department Chair. **Graded:** Credit / No Credit. **Units:** 1.0-3.0.

EDC 505. Seminar: Preparation of Master's Thesis/Project. This seminar is designed to extend research knowledge. Provides direction, library/professional counseling resources, exposure to sample theses/projects using APA style. Reviews research methodology and a review of the literature from a counseling perspective. **Prerequisite:** EDC 250, advancement to candidacy for the Master's degree. **Graded:** Thesis in Progress. **Units:** 3.0.

EDC 550. Master's Thesis - Counseling - Plan A. Completion of a thesis approved for the Master's degree. **Note:** Department petition is required the semester prior to enrollment. **Prerequisite:** Advanced to candidacy. All course requirements in Counselor Education and EDC 505. **Graded:** Thesis in Progress. **Units:** 3.0.

EDC 551. Master's Project - Counseling - Plan B. Completion of a project approved for the Master's degree. **Note:** Department petition is required the semester prior to enrollment. **Prerequisite:** Advanced to candidacy. All course requirements in Counselor Education and EDC 505. **Graded:** Thesis in Progress. **Units:** 3.0.

Post-Baccalaureate

EDC 475. Practicum in Counseling. Supervised counseling practice in agency and/or school settings. Emphasis on application of counseling theories and the integration of one's own counseling philosophy into practical applications. Basic requirements: 100 clock hours with at least 40 client contact hours, 1 hour per week of individual/triadic supervision, and one and half hours per week of group supervision. **Note:** Department petition is required the semester prior to enrollment. **Prerequisite:** Prerequisites for all specializations: EDC 210, EDC 214, EDC 216, EDC 280. Additional prerequisites by specialization: Career - EDC 212+, EDC 218, EDC 219+, EDC 260, EDC 262+; Community - EDC 201, EDC 212+, EDC 218, EDC 219; MFCC - EDC 212, EDC 218+, EDC 219, EDC 234, EDC 252+, EDC 476; School - EDC 252+, EDC 270. **Corequisite:** By specialization: MFCC - EDC 235; School - EDC 272. **Graded:** Credit / No Credit. **Units:** 3.0.

EDC 476. Practicum in Marriage, Family and Child Counseling. Structured observation and supervised practice in marriage, family, and child counseling. Application of material learned in EDC 234. Emphasis on establishing relationships and interviewing techniques with multiple clients, assessment techniques, setting goals, and learning to think systemically. Laboratory two hours. **Prerequisite:** EDC 216, EDC 280, classified student in the Counselor Education Program. **Corequisite:** EDC 234. **Graded:** Credit / No Credit. **Units:** 1.0.

EDC 480. Field Study in Counseling. Supervised counseling and field experiences arranged in community-based settings such as schools, colleges and/or agencies. One hundred clock hours of experience required for each unit of credit for a total of six hundred clock hours (or 6 units). Weekly supervision is provided throughout the field experience: one hour per week of individual/triadic supervision and one and half hours per week of group supervision. **Note:** Department petition and approval of faculty advisor is required the semester prior to enrollment. **Prerequisite:** EDC 475 and all of its prerequisites. Additional prerequisites by specialization: MFCC - completion of required courses except culminating requirement. **Corequisite:** By specialization: MFCC - EDC 235; School - EDC 272. **Graded:** Credit / No Credit. **Units:** 2.0-6.0.