



Program Description

The goal of the program is to prepare students to provide family life education in schools, churches, youth programs, family service agencies, and other areas of the community. The certificate program is designed to cover the ten family life substance areas delineated by the National Council on Family Relations NCFR. (See list below). A Sacramento State certificate is awarded upon graduation provided all certificate and degree requirements have been fulfilled.

Note: This program is taken concurrently with established degree requirements. The majority of courses for the certificate program are applicable toward course requirements for a degree in Family and Consumer Sciences. The certificate is not a teaching credential. In conjunction with a BA or MA degree or a state teaching credential, it may be helpful in obtaining employment as a Family Life Educator.

Admission Requirements

- Students must either be in a degree program at Sacramento State or must apply for graduate admission to the University.
- Both undergraduates and graduate students must have a GPA of at least 2.5.
- Students must apply for entry into the program through the certificate coordinator.

Program Requirements

- Complete a baccalaureate degree program with a major in Family and Consumer Sciences or a related field.
- A GPA of 3.0 (B grade or higher) must be attained for all courses taken in the program.
- At least 9 of the 21 required units must be taken in residence at Sacramento State.

Career Possibilities

This certificate can be a stepping stone toward accreditation as a Certified Family Life Educator. Family life educators have employment opportunities in a variety of public service areas: social services, child care, health and welfare, recreation, youth programs, community action, preschool/daycare, after school, drug/alcohol rehabilitation centers, senior citizens programs, military family support, parent education, community education, extension, and family service agencies.

Contact Information

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National Council on Family Relations Family Life Substance Areas

- Families in Society
- Interpersonal Relationships
- Internal Dynamics of Families
- Parent Education and Guidance
- Human Growth and Development
- Family Law and Public Policy
- Human Sexuality
- Ethics
- Family Resource Management
- Family Life Education Methodology

Requirements • Certificate

Units required for Certificate: 21

Courses in parenthesis are prerequisites.

Specific course requirements are:

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| (3) | FACS 050 | The Family and Social Issues |
| (3) | FACS 140 | Family Resource Management (passing score on WPE) |
| (3) | FACS 154 | Issues in Parenting (FACS 052, CHDV 030 or instructor permission) OR |
| | CHDV 130 | Parent Education |
| (3) | FACS 155 | Family Life Education |
| (3) | Select one of the following: | |
| | NURS 160 | Human Sexuality |
| | PSYC 134 | Psychology of Human Sexuality (PSYC 001, PSYC 005) |
| | HLSC 134 | Understanding Human Sexuality |
| (3) | Select one of the following: | |
| | FACS 052 | The Child in the Family |
| | FACS 152 | Adolescent Development (FACS 052, CHDV 030 or instructor permission) |
| | FACS 159 | Adulthood and Aging in Human Development (A human development course or instructor permission) |
| (3) | FACS 195C | Internship (Upper division status; 2.5 GPA or above) |