
MESA Pre-college Programs

(916) 278-4575
www.csus.edu/mesa

Students explore engineering and computer science careers by participating in MESA activities during their pre-college years. These pre-college MESA programs are available to students in 27 area high schools, 21 middle/junior high schools, and 48 elementary schools. In cooperation with school districts, MESA provides an extensive summer enrichment program.

Office of Community Collaboration (OCC)

Community Service Learning
Library 4028
(916) 278-4610
www.csus.edu/occ

The Office of Community Collaboration (OCC) contributes to achieving the mission of the university by focusing its greatest resource – the knowledge and skills of faculty and students – on making a difference in the community.

OCC creates partnerships with faculty, community organizations and government to engage students and faculty in service to the community that:

- Enhances student learning
- Connects community and classroom
- Enables students to use their knowledge and skills to benefit the public
- Assists community partner agencies in enhancing their services
- Improves quality of life for people in the Sacramento area.

OCC's principal role is to assist faculty who include service learning assignments in the courses they teach. OCC staff conducts trainings on best practices in service learning, identifies community sites with service opportunities that match student learning needs, and provides support in managing the logistics of service off-campus, including liability and risk management. OCC also identifies community partners for faculty interested in research and consultation focused on local and regional issues.

Service learning courses now exist in every college in the University, adding an invaluable dimension to students' education while contributing many thousands of hours of student service to the surrounding community. Service learning benefits students by enabling them to apply academic learning in the real-world, build a resume, clarify career goals, increase problem-solving and communication skills, and learn more about challenges in their communities.

Partnerships for Employment Opportunities

Career Center
Lassen Hall 2000
(916) 278-6231
www.csus.edu/careercenter

The Career Center offers a proactive comprehensive career development program, fostering partnerships with community and campus businesses to provide hands-on work experience for students and alumni.

Experiential Education and Internships offer students academic credit for employment opportunities that compliment their educational endeavors by matching educational goals with work experiences.

The **Student Employment** program provides job-listing services to students looking for employment while attending college. The **J.O.B. Board** lists nearly 500 jobs (part-time, full-time and internships) in the Sacramento region, focusing on the I-80 corridor between Lake Tahoe and the Bay area. An Internet job listing service is accessible at www.monstertrak.com 24 hours a day.

The **On-Campus Recruiting** program provides students with an opportunity to begin their professional job search while still attending classes during their senior year. Nearly 250 employers participate in the OCR program interviewing just over 1100 students each semester.

Career Events and Job Fairs presented five times each year offer students and Alumni even broader opportunities to meet with prospective employers. Over 800 employers normally attend Job Fairs, each searching specifically for Sacramento State students who have a reputation for being able to balance an academic life with work and family life.

*See also Campus Life/Student Resources/Career Center, page 35.

Reaching Excellence After Developing Effective Reading Skills Program (READERS)

Pamela O'Kane: (916) 278-4345
E-mail: okane@csus.edu

In the READERS program, college students learn the basics of tutoring reading skills and help elementary school children who are reading below grade level. They practice their newly acquired knowledge by tutoring students at reading centers in the Folsom-Cordova, San Juan, Sacramento City and North Sacramento School Districts. Both volunteer and paid positions are available with funding through Federal Work Study or America Reads/America Counts. This experience is an excellent way for students to find out if a career working with young people is right for them.

community connections

Sacramento State Links Project

Dr. Lynda Stone: (916) 278-4326

E-mail: lstone@csus.edu

www.uclinks.org

Modeled on the Fifth Dimension program developed at UC San Diego, the Sacramento State Links Project connects an undergraduate service learning course (CHDV 148 — Culture, Communication and the Development of Thinking) to a boisterous and lively after-school program. In the after-school program, college students tutor elementary school children, promoting literacy development through a mixture of play and educational activities.

University Outreach Services

Lassen Hall Lobby

www.csus.edu/admr/outreach.html

The Office of University Outreach Services, now located within Admissions and Records, coordinates all campus outreach programs, including pre-collegiate services, high school services, and transfer services, as well as services to students from low income and educationally disadvantaged groups. The programs are designed to meet enrollment levels that reflect the richness of diversity in the Sacramento Region and to build a healthy enrollment balance by class level and academic programs.

High School Outreach Programs

High School Outreach programs provide information and guidance on higher education opportunities in general, and Sacramento State opportunities in particular, to prospective students, parents, guidance personnel, and other interested persons. The Outreach staff also assists students in completion of the matriculation process and articulates University programs, policies, and procedures to other educational institutions and agencies.

University Outreach Services additionally encompasses programs such as:

- Memorandums of Understanding, established with the Elk Grove and San Juan Unified Districts and Sacramento and Luther Burbank High Schools as student-centered partnerships, emphasizing college preparation and student academic achievement, increasing the college preparation and admission rates for district students, strengthening curricula articulation and preparation of teachers, deepening parental awareness about college, and ensuring student matriculation.
- High School Liaison provides extensive outreach visits and activities at high schools in the Sacramento State service area and throughout the state.
- Campus tours; tele-counseling services; distribution of complimentary copies of the University Catalog and related CSU/Sacramento State materials to schools, colleges and related agencies; and consultation to University academic departments in planning articulation conferences.

Transfer Outreach Programs and Services

Community College Outreach Programs work closely with community colleges in California to facilitate a smooth transition for students transferring to Sacramento State. In addition to the following list, the programs and services of the Community College Outreach mirror the High School Outreach program.

- Memorandums of Understanding, established with the Los Rios, Sierra and Yuba Community College Districts, are partnerships emphasizing and promoting a seamless transition to Sacramento State.
- Development and distribution via www.assist.org of official articulation agreements between Sacramento State and other campuses specify the acceptability of transfer courses toward meeting lower-division major preparation.
- Visits to community colleges enable staff to meet with prospective students, providing instant, on-site admission for eligible applicants at major feeder community colleges.

Community Outreach

LIFE Center

Professor Lois Boulgarides: (916) 278-5047

www.hhs.csus.edu/lifecenter

Faculty, students, and staff associated with the College of Health and Human Services developed the LIFE Center to provide interdisciplinary services that promote good health and well being for older adults in the community, research opportunities in the field of wellness and older adults, and learning opportunities for students in kinesiology, physical therapy, nursing, gerontology, and recreation and leisure studies. Current programs encompass fall risk assessments by physical therapy students, balance and fall reduction classes, monthly speaker forums, Yoga and balance and fitness classes, strength and conditioning classes. Students receive academic credit as they gain practical experience in their majors.

WAVE Camp and Project PLAY

Dr. Scott Modell

(916) 278-5041

www.hhs.csus.edu/modells

WAVE Camp (Water Adventures in Varied Environment) is a summer camp designed to expand opportunities for children with physical disabilities to participate in purposeful fitness, sports, and social activities. The camp combines activities in swimming, scuba diving, sailing, kayaking, canoeing, fishing, and water skiing. Each participant is paired with a “buddy” (college student, community member or paid staff) to ensure safe and successful maximum participation.

Project PLAY (Play-Oriented Lifetime Activities for Youth) is a fitness and leisure program for individuals with disabilities that also trains parents, legal guardians, and other family members to provide follow-up instructions and support for program participants in the home. Project PLAY combines activities in the areas

of motor fitness, physical fitness, development of leisure time skills, opportunities in adapted aquatics, training for Special Olympics, wheelchair games, and other organized competition for individuals with disabilities.

Both the WAVE Camp and Project PLAY are opportunities for students to engage in Community Collaboration in the Department of Kinesiology and Health Science.

Capital Public Radio KXPR, FM 90.9 and KXJZ, FM 88.9

(916) 278-8900
E-mail: npr@csus.edu
www.capradio.org

KXPR and KXJZ are Sacramento public radio stations licensed to California State University, Sacramento as a public service for the Sacramento region. Capital Public Radio also manages KXSR 91.7 in Groveland, KKTO 90.5 in Tahoe City, KUOP 91.3 in Stockton*, KXJS 88.7 in Sutter and KQNC 88.1 in Quincy. KXPR and KXSR feature classical music, while KXJZ, KKTO, KUOP, KXJS and KQNC provide NPR news and information programming. The KXJZ stations also broadcast jazz evenings and weekends.

The radio stations provide internship opportunities for qualified Sacramento State students who wish to gain experience by working in a professional broadcasting environment.

*At press time negotiations were underway for the continued operation of KUOP.

Sacramento State Alumni Association

Alumni Association

(916) 278-6295 or (800) SAC-GRAD
E-mail: alumni@csus.edu
www.csus.edu/alum

The Alumni Association, open to all former and current students and friends of the University, was founded July 20, 1950 to support alumni and the campus community.

The Association, which relishes an active role in campus growth, maintains and operates the Alumni Center. This outstanding venue may be rented for meetings, conferences, weddings, receptions, and other social events. It provides a “home” on campus for alumni and a place for activities that help alumni strengthen ties to the students, the campus and the community.

The Association sponsors or co-hosts annual events such as the Alumni Honors Luncheon, Alumni Month, the Causeway Classic, Homecoming, pre-game parties, and the prestigious Distinguished Service Awards dinner, as well as the Alumni Breakfast Club, the Alumni Scholarship Program and other special projects.

The Association supports special interest alumni chapters: Art, Business Administration, Capitol Fellows, Communication Studies, Criminal Justice, Education, Engineering and Computer Science, Football Alumni and Friends, Government, Marching Band, Music, Nursing, Recreation and Leisure Studies, *State Hornet* Alumni, Social Work, and Theatre and Dance.

Current students may join the Student Alumni Chapter (SAC) affiliated with the Alumni Association. SAC bridges the gap between students and alumni. Dues for students are \$10 per year.

Annual Association membership dues are \$25 for recent graduates, \$35 for current employees of Sacramento State, \$45 for individuals, and \$65 for a married couple (one needs to be an alum). A Life Membership is \$500 (\$750 for joint lifetime membership). To belong to a chapter, include an additional \$5 for each selected chapter.

Governed by a 26-member Board of Directors, the Association offers its members various opportunities to volunteer for social and fundraising activities.