



Program Description

The program of intercollegiate athletics is organized and conducted as an integral part of the total educational program of the University. Academic excellence and athletic accomplishments go hand in hand at California State University, Sacramento. There are three separate and unique missions in this program: to contribute to the educational objectives of the University; to provide a healthy, competitive athletic experience to individual student-athletes; to serve as a public relations vehicle within the community.

The Department of Intercollegiate Athletics offers both academic courses and an intercollegiate athletics program. Academic courses offer the opportunity for individuals to gain knowledge and understanding in a particular area of expertise related to intercollegiate athletics.

CSUS has made a strong commitment to the achievement of national excellence at the NCAA Division I level. It also is committed to maintaining an equitable program between men and women.

Special Features

- CSUS is affiliated with the Big Sky Conference.
- Softball is a part of the Pacific Coast Softball Conference.
- Men's soccer and women's gymnastics are members of the Mountain Pacific Sports Federation.
- The Athletic Advising Program (Lassen Hall 3004) offers a counseling system for student-athletes, designed specifically by the Department of Intercollegiate Athletics and Academic Affairs to ensure academic development.

Faculty

Bill Campbell, Debby Colberg, Michael Connors, Karen Hanks, Kim Hughes, Jerome Jenkins, Michael Linenberger, Lois Mattice, Mark McGushin, René Mondine, Steve Mooshagian, Dan Muscatell, Joe Ramos, Kathleen Raske, John Smith, Kathy Strahan, Sherif Zaher

Lower Division Courses

In order to participate in intercollegiate athletics, a student may enroll in the appropriate course below, must have a medical examination clearance from the CSUS Health Center, and must obtain permission of the head coach. In addition, in order to compete, a student must be declared eligible under NCAA (via the NCAA Clearinghouse) and conference rules. Interested students should contact the coach as early as possible. All courses are credit/no credit and no more than 15 units may be applied toward a baccalaureate degree.

Intercollegiate Sports for Men

ATIC 061. Men's Cross Country. Practice begins mid-August and the season ends in mid-November. Graded Credit/No Credit. 2 units.

ATIC 062. Men's Tennis. Practice begins the first day of the fall semester and the spring schedule ends the last of May. Graded Credit/No Credit. 2 units.

ATIC 063. Men's Track and Field. Indoor Track and Field practice begins in the fall. The competitive season is in the Winter. Outdoor Track and Field practice begins the first day of spring semester and the season ends the last week of May. Graded Credit/No Credit. 2 units.

ATIC 064. Men's Baseball. Practice begins in the Fall with the competitive season starting February 1. The 56-game schedule is followed by the NCAA Championships for qualified teams in May. Daily practices are 2:30-4:30 p.m. Graded Credit/No Credit. 2 units.

ATIC 065. Men's Basketball. Practice begins mid-October. The season ends in late February and leads to NCAA Championships for qualified teams. Graded Credit/No Credit. 2 units.

Contact Information

Dr. Terry Wanless, *Director* ■ Nichole Baldasare, *Administrative Support Coordinator* ■ Yosemite Hall 138 ■ (916) 278-6481 ■ www.hornetsports.com

ATIC 066. Men's Football. Daily afternoon practice begins in late August. The 10-11 game schedule is followed by NCAA Championships for qualified teams in late November. There is also spring practice which follows NCAA regulations as to starting date. Graded Credit/No Credit. 2 units.

ATIC 067. Men's Golf. Practice begins fall semester Monday through Friday starting at noon. Graded Credit/No Credit. 2 units.

ATIC 068. Men's Soccer. Morning and afternoon practices begin in mid-August in accordance with NCAA regulations. Competitive season begins the first week of September and ends in mid-November. Daily practices during fall semester are from 3:00-6:00 p.m. Daily practices during the spring semester are also from 3:00-6:00 p.m. beginning the third week in February and ending the last week in April. You must see the head coach for permission to tryout. Graded Credit/No Credit. 2 units.

Intercollegiate Sports for Women

ATIC 080. Women's Basketball. Practice begins mid-October. The competitive season begins in November and continues to the end of February leading to the NCAA Championships for qualified teams. Graded Credit/No Credit. 2 units.

ATIC 081. Women's Golf. Practice begins the second week of September. Competition consists of one or two matches in the fall and the remaining part of the schedule is during the spring semester. Interested student-athletes who would like to walk on and try out for the team should contact the coach. Graded Credit/No Credit. 2 units.

ATIC 082. Women's Soccer. Morning and afternoon practices begin in mid-August in accordance with NCAA regulations. Competitive season begins the first week of September and ends in mid-November. Daily practices during fall semester are from 2:00-4:00 p.m. Graded Credit/No Credit. 2 units.

ATIC 083. Women's Gymnastics. Practice begins in September. The competitive season starts in January and ends in late April with the NCAA Championships for qualified teams. Daily practices are 12:30-4:00 p.m. Student-athletes must contact the coach prior to tryouts. Graded Credit/No Credit. 2 units.

ATIC 084. Women's Softball. Practice begins in the fall with the competitive season starting mid-February. The 56-game schedule is followed by NCAA Championships in late May for qualified teams. Daily practices are 1:30-5:30 p.m. Graded Credit/No Credit. 2 units.

ATIC 085. Women's Rowing. Rowing accommodates both scholarship and walk-on athletes with no experience necessary. Tall cross-over student-athletes are encouraged to turn out. Daily practice starts in September, 6:00-8:30 a.m. There is a fall semester long distance race season and a traditional "sprint" season in the spring semester, concluding with the National Championships in May. All student-athletes race. No limit on squad size. Freshman/Novice, Junior Varsity and Varsity squads, lightweight (130 lbs.) or open. Also, coxswains required. Should be under 115 lbs. Graded Credit/No Credit. 2 units.

ATIC 086. Women's Tennis. Practice begins the first day of the fall semester and the spring schedule ends the last of May. Graded Credit/No Credit. 2 units.

ATIC 087. Women's Volleyball. Preseason begins in mid-August. Competition begins September 1 and ends in mid-December with NCAA Championships for qualified teams. Daily practices are 2:00-5:00 p.m. Interested student-athletes must contact the coach prior to the preseason, be cleared by the Clearinghouse, and meet all eligibility requirements in order to participate in tryouts. Graded Credit/No Credit. 2 units.

ATIC 088. Women's Cross Country. Practice begins mid-August and the season ends in mid-November. Graded Credit/No Credit. 2 units.

ATIC 089. Women's Track and Field. Indoor Track and Field practice begins in the fall. The competitive season is in the Winter. Outdoor Track and Field practice begins the first day of spring semester and the season ends the last week of May. Graded Credit/No Credit. 2 units.

Additional Courses Offered

ATIC 167. Coaching of Football. Examines all phases of the game, including offense, defense and special teams. Other topics covered are public/media relations, budget management, academic rules, marketing strategies, officiating, equipment and many other aspects. Lecture two hours, activity two hours. 3 units.

ATIC 175. Sports Information Fieldwork. Directed observations and work experience with intercollegiate athletics sports information support services. Field work is offered to give students orientation in the profession of sports information services. Supervision is provided by the instructional staff of the university. Each student is required to maintain a record of activities and assignments and to prepare periodic reports. **Note:** May be repeated once for credit. **Prerequisite:** JOUR 123 or instructor permission. Graded Credit/No Credit. 1-3 units.

ATIC 195. Field Experience in Intercollegiate Athletics. Directed experience in athletics. Student interns keep records of daily experiences and prepare periodic progress reports. Succeeding enrollments should be in different sports. **Note:** Registration requires prior approval of Director of Athletics. Graded Credit/No Credit. 1-2 units.

ATIC 199. Directed Individual Study. Individual research, project or directed reading. **Note:** Registration requires approval of the faculty under whom the individual work is to be conducted and the Director of Athletics. Graded Credit/No Credit. 1-3 units.