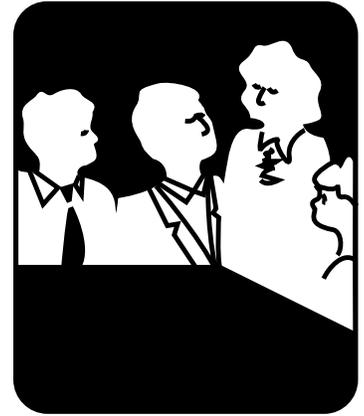




NOTE:

This document is specific to the
2002-2004 printed catalog.

education — counselor education



MASTER OF SCIENCE SERVICES CREDENTIALS AND LICENSING

PROGRAM DESCRIPTION

The Master of Science Degree in Counseling prepares competent specialists in counseling for professional employment in a number of settings such as schools, private practice, and public and private agencies. The school counseling credential program specifically offers training for services within the K-12 educational system. The programs are clinically oriented with didactic courses and include an experiential component followed by practice on and off the campus. An on-campus Center for Counseling and Diagnostic Services brings clients from off campus to be counseled by students in the program and provides opportunity for video and audio feedback. Additionally, a community-based center, The Alliance for Excellence, provides services for clients who prefer to be seen off campus. Classes are offered during the day, in the late afternoon and evening.

The Department of Counselor Education is committed to creating and facilitating the ongoing design and implementation of a quality teaching/learning community. The faculty actively supports diversity, and focuses on multicultural counseling skills throughout the curriculum.

Many graduates find positions with colleges, school districts, state/local agencies, clinics, business organizations and private practice settings. The employment opportunities for Counselor Education majors should remain positive for the foreseeable future.

FACULTY

Miguel Martinez, *Department Chair*

Marielle Brandt, Nancy Carlton, Diane Estrada, Suzanne Gaughen, Bernadette Halbrook, Satsuki Ina, Al Levin, Rita Marinoble, Miguel Martinez, Nathan Smith, Theodore Taylor, Lynn Wilcox, Susan Wycoff

Kim Ross, *Administrative Support Coordinator*
Department Office, Eureka Hall 414, (916) 278-5399

PROGRAMS OFFERED

The Department of Counselor Education in the College of Education offers the following programs:

Master of Science in Counseling:

- Career Counseling
- Community Counseling
- Marriage, Family, and Child Counseling
- School Counseling

Services Credentials and Licensing:

- Pupil Personnel Services School Counseling
- Pupil Personnel Services School Counseling Internship
- Marriage and Family Therapist Licensing Program

For additional information on credentials, see the College of Education section of the catalog.

REFERENCE

For more information and advising on any of the above programs, please contact:

Department of Counselor Education
College of Education
6000 J Street
Sacramento, CA, 95819-6079
FAX (916) 278-4174

To obtain a CSU application booklet, contact:
CSUS Admissions Office
6000 J Street
Sacramento, CA 95819-6048
(916) 278-6111

FEATURES

Following are the Master of Science programs that are offered in Counselor Education:

Career Counseling Program. Career Counseling students obtain knowledge, theory, and skills necessary to become professional career counselors/career development specialists. Career counselors are employed by public agencies, universities, community colleges, schools, business organizations, and private practice. Traditionally, career counselors assist clients with the process of identifying and clarifying skills, interests, and values; exploring career options; choosing among career options; and conducting a job search. In today's changing world of work, career counselors also address issues such as career self-reliance, balancing the demand of work and family, and lifelong learning.

Community Counseling Program. Focuses on services offered by community agencies, mental health centers, youth counseling centers, and college counseling centers. Examines four vital facets: direct community service through education, direct client service through outreach, indirect community service by influencing public policy, and indirect client service through client advocacy. Students are trained for a variety of counseling positions including mental health, drug and alcohol, military, pastoral, correctional, and gerontological. Satisfies the requirement for employment as a community college counselor, and is accepted by many 4-year colleges and universities as the requisite training for employment.

Marriage, Family, and Child Counseling Program. Marriage, family, and child counselors work in a wide variety of settings, including schools, colleges, nonprofit agencies, community clinics, county and state agencies, hospitals, private practice, and consulting to businesses and agencies. The program trains professional Master's degree level practitioners, who focus on developmental and preventative concerns, especially those of children. Students in this program complete the educational and a portion of the experience requirements for the California Marriage and Family Therapist License.

School Counseling Program. The School Counseling Program prepares students to function as key members of an educational team seeking to optimize children's academic, socio-emotional, and career development. The program is based on the belief that children are impacted most effectively when the environment in which they exist is also effectively impacted. Thus, school counseling students obtain the expertise necessary to lead the educational team in working collaboratively with a broad range of education and human service professionals, paraprofessionals, and community representatives to identify, develop, implement and evaluate programs that provide key services to both the individual child as well as the systems and subsystems in which the child interacts. Optimally, all contributing members within the system shall experience both a sense of benefiting from and being a benefit to the system. Training in this program is largely practical in nature as students are required to take theory and practicum courses concurrently throughout the course

of study. Students gain experience by counseling with other students, and are given the unique opportunity to immediately apply their knowledge and skills with children and youth in local schools and established school/community based training centers.

Following are credential programs offered in Counselor Education:

Pupil Personnel Services School Counseling Credential Program. California schools, kindergarten through high school, require their school counselors to have the Pupil Personnel Services School Counseling Credential. The Master's degree is not required but is recommended. The training required for the credential may be completed in this program which is accredited by the California Commission for Teacher Credentialing. The California Basic Educational Skills Test (CBEST) must be successfully passed prior to obtaining the Internship credential.

Pupil Personnel Services School Counseling Internship Credential Program. Enables school districts and other educational agencies to place candidates in positions of responsibility requiring certification as a counselor prior to the completion of credential requirements. The Pupil Personnel Services School Counseling Internship Credential is issued for a maximum of two years. Following the completion of all requirements, interns then apply for the Pupil Personnel Services School Counseling Credential. The credential authorizes "services as a school counselor, K-12." The California Basic Educational Skills Test (CBEST) must be successfully passed prior to obtaining the internship credential.

MASTER OF SCIENCE IN COUNSELING

The following information applies to the Master of Science in Counseling with these specializations; Career Counseling; Community Counseling; Marriage, Family, and Child Counseling, and School Counseling programs.

Admission Requirements

Admission as a classified graduate student in all Counselor Education programs requires:

- a baccalaureate degree;
- a grade point average of at least 2.5 (on a 4.0 scale) in the last 60 semester (or 90 quarter) units;
- good academic standing at the last college attended; and
- completion of, or enrollment in, the following courses:

PSYC 168	Abnormal Psychology (PSYC 005)
EDC 170	Introduction to Counseling
EDC 171A	Asian Americans
EDC 171B	Native Americans
EDC 171C	Latinos
EDC 171D	African Americans
EDC 171E	European Americans
- submission of all departmental application materials (in addition to the CSU application)

Writing Proficiency Examination (WPE) and California Basic Educational Skills Test (CBEST). Although evidence of passing the WPE is not required for admission into the Master's degree programs, nor successful completion of CBEST for admission into the Pupil Personnel Services School Counseling Credential program, the WPE or its equivalent must be successfully completed prior to advancement to candidacy for the Master's degree and the CBEST must be successfully passed prior to completing the credential program.

(The Graduate Record Exam [GRE] or Miller Analogies Test are not required; however, these test scores may be included with the application for admission.)

Admission Procedure

Applications are reviewed twice yearly for acceptance in either the Fall or Spring semester. Typically, students need to be first admitted to the University as unclassified graduate students in order to complete the preparatory courses (see "Admission Requirements"). For Fall entrance departmental applications become available mid-January and are due March 1; for Spring entrance departmental applications become available mid-August and are due October 1. Once the prospective applicant has either completed the necessary preparatory coursework or is able to document that it will be completed prior to the start of the semester for which admission is being sought, the student may apply to a selected specialization. Prospective graduates, including CSUS graduates, must submit:

to the Graduate Center (River Front Center 215):

- a CSU application for admission (CSU graduating seniors, and new or returning CSU graduates)
- two sets of official transcripts from all colleges and universities attended, other than CSUS

to the department office (Eureka Hall 414):

- the departmental application for admission includes:
 - a personal statement (format provided)
 - three letters of reference (forms provided)
 - one complete set of transcripts (may be unofficial and/or grade reports) from each educational institution attended
 - proof of registration for or completion of preparatory coursework (see section on Admission Requirements)
- an Application for Classification (unclassified graduates seeking classification)

Admission is competitive with a limited number of students admitted each year. Within two weeks of the filing deadline candidates will be assigned an interview date. At the end of the application and screening period, a departmental recommendation will be submitted to the Graduate Center for further review (at two-three weeks). Decisions regarding admission are then mailed to each applicant. Following admission, students are assigned to a faculty advisor who assists with academic advising.

Advancement to Candidacy

Each student working toward a Master's degree must file an Application for Advancement to Candidacy for the Master's degree. The purpose of this application is to provide certification to the Graduate Center that the student will complete or has completed the necessary requirements and acceptable electives for the Master's degree with a minimum 3.0 GPA. The Advancement to Candidacy application should be filed upon completion of 30 units in the program.

The Advancement to Candidacy form should be obtained from the Department of Counselor Education office in order to receive instructions for filling out the form in consultation with the student's program advisor. (The form is also available from the Graduate Center; however, it does not include the departmental instructions.) The completed form is submitted to the department's Graduate Coordinator for signature, then forwarded to the Graduate Center for final approval.

Additional Information

These graduate degree programs are subject to general university and to departmental requirements. These requirements are explained in the "Graduate Studies" and the "Counselor Education Department" sections of the CSUS catalog. Students may be disqualified when not meeting departmental standards (see Counselor Education Faculty/Student Advising Handbook).

Students are strongly advised to remain in communication with the Department of Counselor Education (by attending group advising sessions and meeting with their assigned faculty advisor each semester) as well as with any licensing or credentialing boards related to their area(s) of specialization (i.e., Board of Behavioral Sciences, California Commission for Teacher Credentialing) since licensing and credentialing requirements may change. Students should note that the Counselor Education course listings are subject to modification. Students should contact Counselor Education for revisions in either courses or academic units. The revised department listing is official.

Degree Requirements

The Master of Science in Counseling requires completion of 60 units of coursework with a minimum 3.0 GPA.

Academic Residence: A minimum of 42 approved semester units in 100-, 200-, and 500-series offerings must be earned in residence at California State University, Sacramento.

Courses in parentheses are prerequisites.

A. Required Courses for All Specializations (22 units)

- | | | |
|-----|-----------|--|
| (3) | EDC 210** | Multicultural/Ethnic Counseling (EDC 171A, EDC 171B, EDC 171C, EDC 171D, EDC 171E) |
| (3) | EDC 212** | Gender Roles and Sexuality in Counseling |
| (3) | EDC 214** | Dynamics of Human Development |
| (2) | EDC 216 | Counseling Theory (Corequisite: EDC 280) |
| (3) | EDC 218** | Appraisal in Counseling |
| (3) | EDC 219** | Group Processes in Counseling |
| (3) | EDC 250 | Educational Research (Graduate standing) |
| (2) | EDC 280 | Practicum in Communication (Corequisite: EDC 216) |

B. Specialization Requirements (35-38 units)

Select one of the following areas of specialization:

1. Career Counseling

- (3) EDC 260** Career Development (EDC 218)
- (4) EDC 262** Career Counseling Process (EDC 260)
- (3) EDC 264** Seminar in Counseling: Career Systems Development (EDC 260)
- (1) EDS 265 Current Issues in Counseling: Disabled
- (3) EDC 266** Seminar in Counseling: Career Program Development (EDC 260)
- (3) EDC 268 Career and Job Search (EDC 260 or instructor permission)
- (3) EDC 475++ Practicum in Counseling
- (9) EDC 480^ Field Study in Counseling
- (6-9) Electives*

2. Community Counseling

- (1) EDS 265 Current Issues in Counseling: Disabled
- (3) EDC 201 Seminar in Community Counseling: Scope and Practice (EDC 216, EDC 280 [may be taken concurrently]; approval as a candidate in the Counselor Education Program or permission of Community Counseling Coordinator)
- (3) EDC 202 Seminar in Community Counseling: Theory, Practice, Process; Individual, Family, Agency (EDC 201 or permission of Community Counseling Coordinator)
- (3) EDC 203 Seminar in Community Counseling: Advanced Multicultural Counseling (EDC 210, EDC 216, EDC 280; approval as a candidate in the Counselor Education Program or Community Counseling Coordinator approval)
- (3) EDC 204 Advanced Seminar in Community Counseling: Methods and Strategies for Chemical Dependency (EDC 216, EDC 233, EDC 280; approval as a candidate in the Counselor Education Program or Community Counseling Coordinator approval)
- (2) EDC 282 Practicum in Group Counseling (EDC 219; approval as a candidate in the Counselor Education Program or Community Counseling Coordinator approval)
- (3) EDC 475°++ Practicum in Counseling
- (8) EDC 480^ Field Study in Counseling
- (9-12) Electives*

3. Marriage, Family and Child Counseling

- (3) EDC 230** Law and Ethics for Marriage, Family, and Child Counseling (EDC 216, EDC 280)
- (3) EDC 231** Diagnosis and Treatment Planning (EDC 214, EDC 216, EDC 280) **OR**
- PSYC 268# Advanced Psychopathology
- (2) EDC 233 Substance Abuse and the Family (Approval as a candidate in the Counselor Education Program; or instructor permission) **OR**
- PSYC 250# Alcohol and Chemical Substance Dependency: Detection and Treatment

- (3) EDC 234** Seminar: Marriage and Family Counseling (EDC 214, EDC 216, EDC 280. Corequisite: EDC 476) **OR**
- PSYC 225# Theories and Techniques of Marriage, Family and Child Counseling (Graduate coursework covering theories and techniques of individual psychotherapy)
- (3) EDC 235 Advanced Seminar: Marriage and Family Counseling (EDC 234, EDC 476; must be screened and approved for the MFCC specialization. Corequisite: EDC 475)
- (3) EDC 260** Career Development (EDC 218)
- (3) EDC 272** Seminar: Counseling Children and Youth (EDC 216, EDC 280. Corequisite: EDC 475)
- (2) EDC 282 Practicum in Group Counseling (EDC 219)
- (3) EDC 475° ++ Practicum in Counseling
- (1) EDC 476** Practicum in Marriage, Family and Child Counseling (EDC 216, EDC 280. Corequisite: EDC 234)
- (8) EDC 480^ Field Study in Counseling
- (1) EDS 265 Current Issues in Counseling: Disabled
- (0-3) Electives*

4. School Counseling

- (3) EDC 234** Seminar: Marriage and Family Counseling (EDC 214, EDC 216, EDC 280. Corequisite: EDC 476)
- (3) EDC 260** Career Development (EDC 218)
- (3) EDC 270** Organization and Administration of School Counseling Programs
- (3) EDC 272** Seminar: Counseling Children and Youth (EDC 216, EDC 280; Corequisite: EDC 475)
- (3) EDC 274** Seminar: Implementation of Guidance Curricula in School Counseling (EDC 216, EDC 280, EDC 475. Corequisite: EDC 480)
- (3) EDC 276** Consultation and Supervision in School Counseling (EDC 216, EDC 280, EDC 475)
- (2) EDC 282** Practicum in Group Counseling (EDC 219)
- (3) EDC 475° ++ Practicum in Counseling
- (9) EDC 480° ^ Field Study in Counseling
- (2) EDS 100A Education of Exceptional Children/ Youth (Corequisite: EDS 100B)
- (1) EDS 100B Education of Exceptional Children/ Youth Lab (Corequisite: EDS 100A)
- (0-3) Electives*

^ Approval as a candidate in the Counselor Education Program and approval of faculty advisor. Additional prerequisites by specialization: MFCC specialization: completion of required courses except culminating requirement: School - EDC 216, EDC 280. Corequisite: For School Specialization: EDC 274.

* If the Comprehensive Exam (0 units) is selected as the Culminating Requirement (see Section C), EDC 290 is recommended as an elective.

** Approval as a candidate in the Counselor Education Program.

+ Concurrent enrollment allowed with permission of instructor.

- ++ Prerequisites for all specializations: EDC 216, EDC 280 and approval as a candidate in the Counselor Education Program. Additional prerequisites by specialization: Career - EDC 210*, EDC 212*, EDC 218, EDC 260; Community - EDC 201, EDC 202, EDC 210, EDC 212*, EDC 214, EDC 218, EDC 219; MFCC - EDC 210, EDC 212, EDC 218 *, EDC 219, EDC 230*, EDC 234, EDC 476; School - EDC 210*. (*Concurrent enrollment allowed with permission of advisor). Corequisite: By specialization: MFCC - EDC 235; School - EDC 272.
- o Department petition required the semester prior to enrollment.
- # Students are encouraged to meet with faculty advisor prior to registration.

C. Culminating Requirement (0-6 units)

Select either of the following choices:

Choice A:

- (3) EDC 505 Seminar: Preparation of Master's Thesis/Project (EDC 250, advancement to candidacy for the Master's degree)

If thesis/project is not completed in one semester, then choose one of the following:

- (3) EDC 550 Master's Thesis - Counseling - Plan A (All course requirements in Counselor Education and EDC 505) **OR**
EDC 551 Master's Project - Counseling - Plan B (All course requirements in Counselor Education and EDC 505)

Choice B:

- (0 -3) Comprehensive Examination (Oral/Written) - Plan C

Thesis or Project. Students who select thesis or project must file a petition in the department office one semester in advance. First semester enrollees are to register for EDC 505, Seminar: Preparation of Master's Thesis/Project (3 units). Students who do not complete the thesis/project in one semester are to petition for and enroll in either:

- EDC 550 Master's Thesis (3 units) **OR**
EDC 551 Master's Project (3 units)

Oral Examination. Students usually enroll in an optional elective, EDC 290 Master's Culminating Experience (3 units), preparation course. The examination occurs each semester. Students are expected to develop and present a personal theory paper. Students respond to questions from a case study presentation and counseling vignette.

SERVICES CREDENTIAL PROGRAMS

Pupil Personnel Services School Counseling Credential

Students pursuing the Pupil Personnel Services School Counseling Credential follow the same course requirements, with the exception of the Culminating Requirement, as do students with the School Counseling degree objective. In addition, a course in learning theory will be required for non-teachers.

For specific course requirements see "School Counseling" listing under "Master of Science in Counseling."

Pupil Personnel Services School Counseling Internship Credential

Requests to enter the Pupil Personnel Services School Counseling Internship Credential program must originate in writing from the district superintendent or other appropriate officer stating that the candidate is in a position or being offered a position (for the duration of at least one year) which requires the authorization of a Pupil Personnel Services Credential. Potential candidates are to contact the Counselor Education Department for further information.

UPPER DIVISION COURSES

Upper division standing is required for enrollment in any 100-series course.

EDC 170. Introduction to Counseling. An introduction to the profession of counseling. Explores the profession as a vocational choice. Examines basic counseling theories. Includes a group communication experience. Open to unclassified students. Does not apply to the Master's degree. Lecture two hours; laboratory three hours. 3 units.

EDC 171. Multicultural/Ethnic Series. Four content strands represent the theoretical knowledge base necessary to understand the various ethnic groups presented. By focusing on psychological, cultural, historical, and political content, students will learn specifics necessary to counseling clients of ethnic diversity. **Note:** Scheduled such that students may take all four courses in one semester. Open to unclassified students. Graded Credit/No Credit. 1 unit.

EDC 171A. Asian Americans. Contains educational materials, lectures, and discussions of the cultural and psychological influences on Asian Americans. Students' perceptions, knowledge, attitudes, and personal responses will be vital to integrative and interactive learning. Graded Credit/No Credit. 1 unit.

EDC 171B. Native Americans. Provides an informational base for understanding differences and similarities in perceptions and attitudes between American Indians and European-based cultures. Students will learn how the Native American past affects present counseling situations and will be given an opportunity to experience the Native American culture as it relates to counseling issues. Graded Credit/No Credit. 1 unit.

EDC 171C. Latinos. Provides an environment to develop a personal counseling philosophy and method of implementation consistent with appropriate issues related to the Latino culture/ethnicity. Graded Credit/No Credit. 1 unit.

EDC 171D. African Americans. Provides an overview of the African American experience for the prospective counselor and other human service providers. Students will be required to have an African American experience, read literature, and observe the impact of this subculture on the American society. Graded Credit/No Credit. 1 unit.

EDC 171E. Multicultural/Ethnic Series: European Americans. Focuses on the European American ethnic and cultural experiences as it impacts on the counseling relationship and process. Topics include European (White-Ethnic) American cultural diversity, the impact of racism, ethnocentrism, and multicultural dynamics in counseling. European American assumptions, values and biases will be examined. Graded Credit/No Credit. 1 unit.

EDC 196. Experimental Offerings in Counselor Education. Experimental offerings in Counselor Education to be offered in the various areas of specialization in response to students' needs. 1-3 units.

GRADUATE COURSES

Graduate standing is required for enrollment in any 200-series course.

EDC 200. Current Issues in Counseling. Selected topics of concern to counselors. Open to unclassified students. Graded Credit/No Credit. 1 unit.

EDC 200E. Current Issues in Counseling: Gays and Lesbians. An overview of the topic of homosexuality, the theories of the origin and/or causes, and the interrelationship with gender and sexuality issues. There will be an exploration of the identification of self as gay/lesbian; the process of “coming out” personally, socially and societally; and the process of minority group identification with the gay/lesbian subculture. Focuses on the counseling issues unique to this population and the means for dealing effectively with such issues. 1 unit.

EDC 201. Seminar in Community Counseling: Scope and Practice. Meets required knowledge, skills, and experiences reflected in the community mental health area. Provides a historical overview and examines the impact of socioeconomic status, unemployment, aging, various addictions, culture, race/ethnicity, diversity, violence, and social change on the community and implications for providing counseling services.

Prerequisite: EDC 216, EDC 280 (may be taken concurrently); approval as a candidate in the Counselor Education Program or permission of Community Counseling Coordinator. 3 units.

EDC 202. Seminar in Community Counseling: Theory, Practice, Process; Individual, Family, Agency. Explores client characteristics; socioeconomic differences; lifespan development; addictions; racial, ethnic, and linguistic diversity; and other diverse groups. Provides information and experiences required when providing community mental health services. Will examine philosophical perspectives and current theory and practice, and process, law and ethics, and diagnostic assessments used by community counselors/consultants providing direct/indirect mental health services. Lab includes agency visitations. No direct clinical counseling/consultation will be conducted without appropriate site supervision and instructor approval. **Prerequisite:** EDC 201 or permission of Community Counseling Coordinator. 3 units.

EDC 203. Seminar in Community Counseling: Advanced Multicultural Counseling. Advanced principles and practices of effective cross-cultural counseling including applicable theories, research, needs assessments, effective implementation and evaluation of models including situational, developmental, and community crisis intervention, and empowerment strategies for practitioners. Additional client characteristics to be explored include the factors of ethnicity, nationality, age, gender, sexual orientation, education, cultural family values, and religious/spiritual values of the individual, family and community. Includes a fieldwork component. **Prerequisite:** EDC 210, EDC 216, EDC 280; approval as a candidate in the Counselor Education Program or Community Counseling Coordinator approval. 3 units.

EDC 204. Advanced Seminar in Community Counseling: Methods and Strategies for Chemical Dependency. Advanced principles and practices of effective alcohol and drug counseling including applicable theories, research, goals, skills, and techniques for use with individuals, families, groups and communities. Examines and explores to what degree the use of alcohol and drugs correlates with community and domestic violence. Discussion of needs assessment, design, implementation and evaluation of counseling interventions, programs and systems. Includes a fieldwork component. **Prerequisite:** EDC 216, EDC 233, EDC 280; approval as a candidate in the Counselor Education Program or Community Counseling Coordinator approval. 3 units.

EDC 210. Multicultural/Ethnic Counseling. Exploration of ethnic and cultural differences to develop or expand awareness, techniques, skills, theories, concepts, and to acquire information necessary to counsel effectively with clients of various ethnic/cultural groups. Students examine their own attitudes, behaviors, perceptions, and biases, and are encouraged to develop their own multicultural approach to teaching, counseling or administration. Lecture/discussion three hours. **Prerequisite:** EDC 171A, EDC 171B, EDC 171C, EDC 171D, EDC 171E; approval as a candidate in the Counselor Education Program. 3 units.

EDC 212. Gender Roles and Sexuality in Counseling. The impact of gender roles and sexism on the individual and society; human sexual behavior and disorders; attitudes, sources, and methods needed by counselors to assist in facilitating change. Lecture three hours. **Prerequisite:** Approval as a candidate in the Counselor Education Program. 3 units.

EDC 214. Dynamics of Human Development. An overview of theories and research pertaining to the dynamics of human development, including cultural, biological, social, and psychological factors. Particular emphasis will be placed on the relationship of these factors to the field of counseling. Lecture three hours. **Prerequisite:** Approval as a candidate in the Counselor Education Program. 3 units.

EDC 216. Counseling Theory. An examination of four counseling philosophies, with emphasis on knowledge and practice. Requires the refinement of one’s own counseling orientation. **Note:** Recommended to be taken within the first 6 units of the Counselor Education Program. **Corequisite:** EDC 280. Lecture two hours. 2 units.

EDC 218. Appraisal in Counseling. Intended to acquaint the prospective counselor with an array of assessment instruments and appraisal techniques. Includes practical experience with tests as well as foundations of test development. Lecture three hours. **Prerequisite:** Approval as a candidate in the Counselor Education Program. 3 units.

EDC 219. Group Processes in Counseling. Group process theory and procedures, including group counseling and guidance. Participation in a group experience is required. Lecture, discussion three hours. May be repeated for credit. **Prerequisite:** Approval as a candidate in the Counselor Education Program. Graded Credit/No Credit. 3 units.

EDC 220. The Spiritual Dimension in Counseling and Psychotherapy. An investigation into concerns and issues, modes, and methodologies surrounding exploration of the spiritual dimension in the counseling/psychotherapy relationship. Experiential activities are included. **Prerequisite:** EDC 216, EDC 280, or equivalent; or instructor permission. 3 units.

EDC 222. Clinical Stress Reduction. Major concepts, theories, and approaches to effective stress reduction. Includes stress level assessment, planning and implementation of a stress reduction program. Practice of beneficial stress reduction techniques and application in clinical practice. **Note:** Open to unclassified students with instructor permission. 3 units.

EDC 224. Stress Management for Teachers. Stress can limit our productivity and shorten our lives. This course examines effective coping strategies, explores problems unique to teaching, and provides methods of self-examination and practical remedies to assist the classroom teacher in coping with today’s fast-paced style. Class will combine didactic and experiential components. Materials and activities will focus directly on issues of relevance to those in the teaching professions. 3 units.

EDC 230. Law and Ethics for Marriage, Family, and Child Counseling. Legal and ethical considerations in the practice of marriage, family, and child counseling. Current laws, responsibilities, restrictions, rights and privileges, licensing regulations, and ethical standards of major professional groups. Child abuse assessment and reporting requirements. Organization, administration, and management of independent practice. Lecture three hours. **Prerequisite:** EDC 216, EDC 280; approval as a candidate in the Counselor Education Program. 3 units.

EDC 231. Diagnosis and Treatment Planning. Advanced discussion of psychopathology with emphasis on differential diagnosis, use of DSM IV, and development of treatment plans. Use of mental status exam and structured interview schedules. Major diagnostic categories covered include schizophrenia, mood disorders, anxiety disorders, and personality disorders. Completion of case reports and understanding of clinical materials using diagnosis and treatment plans will be emphasized from a diversity perspective. Lecture three hours. **Note:** May substitute PSYC 268 with consent of faculty advisor prior to registration. **Prerequisite:** EDC 214, EDC 216, EDC 280; approval as a candidate in the Counselor Education Program. 3 units.

EDC 232. Family Violence. Violence in the family includes spouse abuse, child abuse, incest, and sexual abuse. Myths about these areas will be replaced by empirically-based facts. There will be an emphasis on effective treatment methods; research findings on family violence, including etiology and family patterns; overlap with alcohol and other drugs, and maintenance factors. Students will gain techniques and skills in interviewing, assessment, and counseling when violence is a presenting issue. **Prerequisite:** EDC 212, EDC 230, EDC 234; or instructor permission. 3 units.

EDC 233. Substance Abuse and the Family. An introduction to the field of substance abuse and to counseling families affected by substance abuse. Medical, psychological, sociocultural, and legal aspects of addiction are presented, as well as the etiology, identification, assessment, treatment, and prevention of substance abuse. Lecture two hours. **Note:** May substitute PSYC 250 with consent of faculty advisor prior to registration. **Prerequisite:** EDC 210, EDC 212, EDC 214 recommended; approval as a candidate in the Counselor Education Program; or instructor permission. 2 units.

EDC 234. Seminar: Marriage and Family Counseling. An introduction to the basic concepts and principles of family therapy. Provides and lays the foundation on which all theories/schools of family therapy are based. Issues include evaluation of families, diagnosis in a family context, interviewing strategies, redefining problems in a family systems context, and treatment principles. Lecture three hours. **Note:** May substitute PSYC 225 with consent of faculty advisor prior to registration. **Prerequisite:** EDC 214, EDC 216, EDC 280; approval as a candidate in the Counselor Education Program. **Corequisite:** For MFCC Specialization: EDC 476. 3 units.

EDC 235. Advanced Seminar: Marriage and Family Counseling. Focuses on translating the principles of the major schools of marriage and family counseling into actual practice. The interface of individual and family system theories will be included. Issues include clinical, ethical, legal, and diversity considerations, as well as outcome research in marital and family therapy. Lecture/discussion three hours. **Prerequisite:** EDC 234, EDC 476; must be screened and approved for the MFCC specialization. **Corequisite:** EDC 475. 3 units.

EDC 240. Art Therapy: Theory and Practice. An introduction to the history, theory, and practice of art therapy and the interpretation of visual language. A combined lecture and experiential course designed to encourage students to learn from their own image-making as well as from the work of others. Purchase of some basic art supplies is required. Lecture, discussion, experience three hours. **Note:** Open to unclassified graduate students on a space available basis. 3 units.

EDC 241. Developmental Stages and Art Therapy Techniques. An in-depth study of normal stages of development in art with special emphasis on the developmental stages as both diagnostic indicators and aids in devising art therapy treatment. Includes hands-on experience with a variety of art therapy techniques and discussion of their applicability to different client populations. Purchase of some basic art supplies is required. Lecture, discussion, experience three hours. **Prerequisite:** Approval as a candidate in the Counselor Education Program or instructor approval. 3 units.

EDC 242. Play and Art in Therapy with Children. An exploration of the ways children use fantasy, play, and art in their growth and healing. Students learn therapeutic art and play interventions that utilize children's natural metaphorical modes of communicating. Purchase of some basic art supplies is required. Lecture, discussion, experience three hours. **Prerequisite:** Approval as a candidate in the Counselor Education Program or instructor permission. 3 units.

EDC 243. Clinical Art Therapy. The use of art techniques in the assessment and treatment of adult psychopathology. Includes an overview of clinical application of projective techniques, discussion of appropriate interventions with clients of varying diagnoses, and the student's own imagery as a learning tool. Students learn clinical charting, record keeping, and professional presentation of case materials. Purchase of some basic art supplies is required. Lecture, discussion, experience three hours. **Prerequisite:** EDC 231; approval as a candidate in the Counselor Education Program; or instructor permission. 3 units.

EDC 244. Family Art Techniques. Issues and practice in using art for evaluation of family dynamics and in family treatment. Major focus is on developing proficiency in conducting a family art evaluation and determining appropriate treatment goals and intervention for the family as a system. Purchase of some basic art supplies is required. Lecture, discussion, experience three hours. **Prerequisite:** EDC 218, EDC 234, EDC 243, EDC 476; approval as a candidate in the Counselor Education Program; or instructor permission. 3 units.

EDC 250. Education Research. Studies qualitative and quantitative methods in the development of reliable knowledge in the field of education. Includes identification and formulation of research problems, research designs and presentation of reports representative of different research strategies. Classified students are encouraged to take this course early in their graduate programs. **Prerequisite:** Graduate standing. 3 units.

EDC 260. Career Development. Provides a basic introduction to career development and career counseling. Identification and assessment of issues common in career counseling settings are examined. Group and individual models of career development and counseling in schools, community agencies or private industry are also investigated and discussed. Lecture three hours. **Prerequisite:** EDC 218; approval as a candidate in the Counselor Education Program. 3 units.

EDC 262. Career Counseling Process. On-going learning of the processes needed to deliver career counseling services to a variety of clientele. Students will extend their theoretical knowledge base and will more clearly focus on the relationship between a person's life and the process of career development. Elements to be studied in more depth include career development theory, assessment techniques and strategies, goal setting, decision making, and integration of multicultural aspects and strategies. A practical experience in administering and interpreting selected test instruments extensively used in career counseling will be included. Lecture three hours; practical experience one hour. **Prerequisite:** EDC 260; approval as a candidate in the Counselor Education Program. 4 units.

EDC 264. Seminar in Counseling: Career Systems Development. Specific emphasis is at the implementation level, with students learning the necessary skills for implementing, maintaining, and stimulating career development in schools, community agencies or private industry. Lecture three hours. **Prerequisite:** EDC 260; approval as a candidate for the Counselor Education Program. 3 units.

EDC 266. Seminar in Counseling: Career Program Development. An advanced course in Career Development required of specialization area majors. Specific emphasis is at the program development level, with students learning the necessary components for developing a career counseling program in schools, community agencies, or private industry. Lecture three hours. **Prerequisite:** EDC 260; approval as a candidate in the Counselor Education Program. Fall only. 3 units.

EDC 268. Career and Job Search. The world of work is undergoing change with the advent of new technologies, an increasingly diverse workforce, and corporate restructuring. These conditions have led to more frequent occupational shifts and the loss of previously secure jobs, self-reliance replacing loyalty in relations between employers and employees, and fragmented careers becoming more common as family responsibilities and work opportunities became increasingly interwoven. Examines traditional and emerging approaches for assisting clients in a changing and evolving job market. **Prerequisite:** EDC 260 or instructor permission. 3 units.

EDC 270. Organization and Administration of School Counseling Programs. The principles and practices necessary to plan, initiate, administer, and evaluate school counseling programs, including related laws. Lecture, discussion three hours. **Prerequisite:** Approval as a candidate in the Counselor Education Program. 3 units.

EDC 272. Seminar: Counseling Children and Youth. Application of the counseling approaches introduced in EDC 216 specifically to counseling children and youth. Lecture, discussion three hours. **Prerequisite:** EDC 216, EDC 280; approval as a candidate in the Counselor Education Program. **Corequisite:** School Counseling Specialization: EDC 475. 3 units.

EDC 274. Seminar: Implementation of Guidance Curricula in School Counseling. Presents a variety of topics and strategies related to the school counselor's role in implementing guidance curricula in the school. Emphasis is on the developmental nature of school counseling programming, the need for school counseling to support the larger instructional mission of the school, and the collaborative process involved in implementing school guidance. Special focus on developing curricula that respond to current needs of children and youth. **Prerequisite:** EDC 216, EDC 280, EDC 475; approval as a candidate in the Counselor Education Program. **Corequisite:** EDC 480. 3 units.

EDC 276. Consultation and Supervision in School Counseling. Presents the background, theory, and process of the school counselor as a consultant to teachers, parents, administrators, school staff, and community organizations. Emphasis is on the role of the school counselor as a change agent within the school and the larger community. Content includes: models of consultation, change strategies, human relations skills, and ethical considerations. A portion is devoted to the role of the school counselor as supervisor of paraprofessionals and interns, with emphasis on leadership skills and multicultural factors involved in the supervisory relationship. **Prerequisite:** EDC 216, EDC 280, EDC 475; approval as a candidate in the Counselor Education Program. 3 units.

EDC 280. Practicum in Communication. Supervised practice in the basic styles of communication, verbal and nonverbal, with additional focus on the particular skills of selected theories. Recommended to be taken within the first 6 units of study in the Counselor Education Program. Lecture one hour; laboratory two hours. **Corequisite:** EDC 216. Graded Credit/No Credit. 2 units.

EDC 282. Practicum in Group Counseling. Supervised practice in leadership of group counseling. Lecture one hour; laboratory three hours. **Prerequisite:** EDC 219; approval as a candidate in the Counselor Education Program. Graded Credit/No Credit. 2 units.

EDC 290. Master's Culminating Experience. Focuses on reviewing and synthesizing of student's knowledge of theories, and applying theory to own theory, case studies, and vignettes. A review and examination of previous learning will be included. May be taken in preparation for the comprehensive examination. Discussion format. Lecture three hours. **Prerequisite:** Advancement to candidacy for the master's degree and enrollment in the last semester of course work. Graded Credit/No Credit. 3 units.

EDC 294. Cooperative Education Experience. Cooperative Education (Co-op) relates academic theory to professional practice by providing paid work experience in the student's major field of study and academic credit. Students receive supervised employment in school districts, state and community agencies, companies, and other appropriate settings. Requires attendance at weekly meetings, preparation of application packet, completion of field study assignment, and a written final report. **Note:** Units may not be used to meet coursework requirements. **Prerequisite:** Open only to upper division and graduate students; consent of Department Chair. Graded Credit/No Credit. 3 units.

EDC 296. Experimental Offerings in Counselor Education. Experimental offerings in Counselor Education to be offered in the various areas of specialization in response to students' needs. 1-3 units.

EDC 299. Special Problems. Individual projects at graduate level designed especially for students capable of independent study. Admission by approval of the instructor with whom the student will be working directly and the Department Chair. Graded Credit/No Credit. 1-3 units.

EDC 475. Practicum in Counseling. Supervised practice in individual counseling. Emphasis on application of counseling theories and the integration of one's own counseling philosophy into practical applications. Laboratory four hours. **Note:** Department petition is required the semester prior to enrollment. **Prerequisite:** Prerequisites for all specializations: EDC 216, EDC 280 and approval as a candidate in the Counselor Education Program. Additional prerequisites by specialization: Career - EDC 210*, EDC 212*, EDC 218, EDC 260; Community - EDC 201, EDC 202, EDC 210, EDC 212*, EDC 214, EDC 218, EDC 219; MFCC - EDC 210, EDC 212, EDC 218*, EDC 219, EDC 230*, EDC 234, EDC 476; School - EDC 210*. (*Concurrent enrollment allowed with permission of advisor). **Corequisite:** By specialization: MFCC - EDC 235; School - EDC 272. Graded Credit/No Credit. 3 units.

EDC 476. Practicum in Marriage, Family and Child Counseling. Structured observation and supervised practice in marriage, family, and child counseling. Application of material learned in EDC 234. Emphasis on establishing relationships and interviewing techniques with multiple clients, assessment techniques, setting goals, and learning to think systemically. Utilization of behavioral approaches to family therapy. Laboratory two hours. **Prerequisite:** EDC 216, EDC 280, approval as a candidate in the Counselor Education Program. **Corequisite:** EDC 234. Graded Credit/No Credit. 1 unit.

EDC 480. Field Study in Counseling. Directed field study for counselors. Supervised experiences in the field are arranged in counseling. Sixty-five clock hours of experience required for each unit of credit. A supervision seminar is part of the field experience. **Note:** Department petition is required the semester prior to enrollment. **Prerequisite:** Approval as a candidate in the Counselor Education Program and approval of faculty advisor. Additional prerequisites by specialization: MFCC specialization: completion of required courses except culminating requirement: School - EDC 216, 280. **Corequisite:** For School Specialization: EDC 274. Graded Credit/No Credit. 2-6 units.

EDC 481. Pupil Personnel Services Internship Seminar. Supervision seminar for currently employed school counselors who are pursuing the Pupil Personnel Services Credential. Enrollment required any semester that intern is not enrolled in EDC 480. **Prerequisite:** Internship credential, paid position as a school counselor, and admission to the PPS Internship program. Graded Credit/No Credit. 2 units.

EDC 505. Seminar: Preparation of Master's Thesis/Project. This seminar is designed to extend research knowledge. Provides direction, library/professional counseling resources, exposure to sample theses/projects using APA style. Reviews research methodology and a review of the literature from a counseling perspective. **Prerequisite:** ED 250, advancement to candidacy for the Master's degree. Graded Credit/No Credit. 3 units.

EDC 550. Master's Thesis - Counseling - Plan A. Credit given upon successful completion of a thesis approved for the Master's degree. Open only to the graduate student who has been advanced to candidacy for the Master's degree. **Note:** Department petition is required the semester prior to enrollment. **Prerequisite:** All course requirements in Counselor Education and EDC 505. Graded Credit/No Credit. 3 units.

EDC 551. Master's Project - Counseling - Plan B. Credit given upon successful completion of a project approved for the Master's degree. Open only to the graduate student who has been advanced to candidacy for the Master's degree. **Note:** Department petition is required the semester prior to enrollment. **Prerequisite:** All course requirements in Counselor Education and EDC 505. Graded Credit/No Credit. 3 units.